

Rushmoor Royals Autumn Open Meet 2008 – Qualifying Times – Long Course - GIRLS

Event		9/10 yrs	11/12 yrs	13/14 yrs	15/over
50 Freestyle	Lower	46.10	38.20	34.10	32.60
	Upper	34.10	30.60	29.10	28.48
200 Freestyle	Lower	3.45.80	2.56.00	2.36.50	2.31.00
	Upper	2.37.30	2.19.73	2.13.48	2.10.69
400 freestyle	Lower	6.44.30*	6.05.90	5.26.60	5.16.60
	Upper	5.30.40*	4.50.29	4.39.07	4.34.78
800 Freestyle	Lower	n/a	12.37.80	11.11.10	10.52.50
	Upper	n/a	9.59.79	9.35.26	9.25.12
1500 Freestyle	Lower	n/a	24.15.90	21.29.30	20.53.50
	Upper	n/a	19.11.60	18.24.50	18.05.03
50 Backstroke	Lower	54.10	44.20	39.50	37.40
	Upper	39.30	35.30	33.50	32.50
200 Backstroke	Lower	4.12.00	3.16.30	2.54.60	2.48.10
	Upper	2.56.30	2.35.51	2.29.42	2.26.03
50 Breaststroke	Lower	1.01.30	49.0	43.10	41.00
	Upper	43.90	38.80	36.50	35.70
200 Breaststroke	Lower	4.46.50	3.42.90	3.15.70	3.08.80
	Upper	3.22.20	2.56.39	2.46.76	2.44.98
50 Butterfly	Lower	51.90	41.80	36.80	35.20
	Upper	37.90	33.50	31.60	30.60
200 Butterfly	Lower	4.12.10	3.18.40	2.53.50	2.47.80
	Upper	3.05.90	2.37.13	2.28.22	2.24.75
200 IM	Lower	4.15.90	3.19.20	2.57.00	2.50.90
	Upper	2.58.80	2.37.54	2.31.31	2.28.24
400 IM	Lower	7.45.00*	6.58.40	6.11.50	5.59.60
	Upper	6.22.30*	5.31.55	5.18.03	5.12.21

* Competitors must be 10 years or over to enter the 400 F/S or the 400 IM

NB Entry times must be lc times, sc times must be converted using published ASA equivalent tables

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