

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****Event 1 Girls 9 & Under 200 SC Meter Butterfly**

Name	Age	Team	Finals Time
1 Roberts, Nikita	9	London Borough of Redbridge	3:33.78
44.74	1:40.10	2:38.62	3:33.78

Event 1 Girls 10-11 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Wang, Alice	11	Epping Forest District SC	3:04.16
37.99	1:24.88	2:14.60	3:04.16
2 Priddle, Sophie	11	London Borough of Redbridge	3:13.53
40.31	1:29.11	2:22.47	3:13.53
3 Purcell, Ciara	11	London Borough of Redbridge	3:20.58
42.88	1:35.37	2:29.87	3:20.58
4 Manning, Anna	10	Romford Town SC	3:21.44
43.51	1:35.79	2:29.22	3:21.44
5 Mitchell, Ellie	11	Runnymede S.C.	3:53.70
51.19	1:53.04	2:55.46	3:53.70

Event 1 Girls 12-13 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Hammond, Sarah	12	Amersham Swimming Club	2:37.82
33.11	1:13.79	1:56.53	2:37.82
2 Kennedy, Mikaela	12	Killerwhales Swimming Club	2:50.18
36.22	1:19.13	2:04.61	2:50.18
3 Ellerby, Karis	12	Borough of Southend SC	2:55.38
37.35	1:21.96	2:09.20	2:55.38
4 Jones, Megan	12	Basildon & District SC	3:08.09
39.10	1:26.53	2:18.17	3:08.09

Event 1 Girls 14 & Over 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Lucas, Sadie	14	London Borough of Redbridge	2:41.79
35.27	1:16.43	1:58.44	2:41.79
2 Hammond, Sophie	15	L B Newham	2:59.08
36.89	1:21.47	2:10.87	2:59.08
3 Edge, Alexandra	14	Borough of Southend SC	3:04.83
37.79	1:23.55	2:13.64	3:04.83

Event 2 Boys 9 & Under 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Weston, Daniel	9	Killerwhales Swimming Club	3:38.87
44.59	1:40.82	2:39.47	3:38.87

Event 2 Boys 10-11 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Johnson, Hugo	11	Borough of Southend SC	3:03.52
36.30	1:24.06	2:14.81	3:03.52
2 Cox, Jonathan	11	Killerwhales Swimming Club	3:09.28
40.87	1:28.32	2:18.61	3:09.28
3 Wilson, Mitchell	10	Romford Town SC	3:17.92
41.45	1:34.76	2:28.55	3:17.92
4 Robinson, Daniel	11	Killerwhales Swimming Club	3:21.53
39.86	1:31.84	2:29.11	3:21.53
5 Coles, Oliver	11	Romford Town SC	3:46.12
44.17	1:43.12	2:44.79	3:46.12
--- Metcalf, Charlie	11	Borough of Southend SC	DQ
8.4 Did not touch at turn or finish with both hands, or touch not simultaneous			
40.17	1:27.91	2:18.28	DQ

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 2 Boys 10-11 200 SC Meter Butterfly)**

Name	Age	Team	Finals Time
--- Weston, Thomas	11	Killerwhales Swimming Club	DQ
8.3 Alternating movement of legs or feet			
43.18	1:34.58	2:27.73	DQ

Event 2 Boys 12-13 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Knight, George	13	Runnymede S.C.	2:32.09
32.35	1:10.86	1:50.68	2:32.09
2 Lee, Daniel	13	Canvey Island Swimming Club	2:39.93
35.03	1:15.48	1:57.95	2:39.93
3 Kearns, Connor	12	Killerwhales Swimming Club	2:40.98
34.12	1:15.44	1:58.12	2:40.98
4 Merchan, Alex	13	Killerwhales Swimming Club	2:43.78
34.38	1:15.61	1:59.83	2:43.78
5 Alexander, Matthew	13	Killerwhales Swimming Club	2:44.68
36.66	1:19.94	2:01.11	2:44.68
6 Manning, William	12	Romford Town SC	2:51.55
37.37	1:21.87	2:06.91	2:51.55
7 Kelly, Samuel	13	London Borough of Redbridge	2:55.71
36.93	1:21.37	2:08.83	2:55.71
8 Scott, Fraser	12	London Borough of Redbridge	3:01.41
38.00	1:23.15	2:11.89	3:01.41

Event 2 Boys 14 & Over 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Roome, James	14	Killerwhales Swimming Club	2:27.61
31.63	1:08.49	1:48.28	2:27.61
2 Bennett, David	15	Killerwhales Swimming Club	2:28.01
30.87	1:08.22	1:48.22	2:28.01
3 Moate, Craig	24	London Borough of Redbridge	2:28.51
32.30	1:10.09	1:49.21	2:28.51
4 Crow, George	14	Killerwhales Swimming Club	2:29.89
31.43	1:09.57	1:49.54	2:29.89
5 Hammond, Jake	16	L B Newham	2:37.70
32.23	1:11.37	1:53.74	2:37.70
6 Foster, Joeseeph	14	L B Newham	2:38.82
32.77	1:11.89	1:54.98	2:38.82
7 Andrews, Toby	15	Killerwhales Swimming Club	2:39.72
33.08	1:12.15	1:55.32	2:39.72

Event 3 Girls 9 Year Olds 50 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Milton, Georgia	9	Romford Town SC	51.62
2 Persell, Jessica	9	London Borough of Redbridge	52.87
3 Jones, Maisie	9	Basildon & District SC	52.90
4 Harnetty, Ella	9	Borough of Southend SC	54.16
5 Mascal, Sophie	9	London Borough of Redbridge	54.31
6 Davis, Lucie	9	Killerwhales Swimming Club	54.34
7 Cochrane, Cayley	9	London Borough of Redbridge	54.42
8 Roberts, Nikita	9	London Borough of Redbridge	54.76
9 Cribb, Rebecca A	9	Romford Town SC	57.14
10 Ross, Sophie	9	London Borough of Redbridge	57.53
11 Garg, Vidhi	9	London Borough of Redbridge	57.74
12 Wright, Zoe	9	London Borough of Redbridge	1:01.36
13 Bennett, Joely	9	London Borough of Redbridge	1:02.92
--- Norris, Maddie	9	Canvey Island Swimming Club	DQ
4.4 Start before starting signal			

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****Event 3 Girls 10-11 50 SC Meter Breaststroke**

	Name	Age	Team	Finals Time
1	Mitchell, Ellie	11	Runnymede S.C.	43.78
2	Binning, Hannah	10	Romford Town SC	44.90
3	Hagger, Briony	11	Killerwhales Swimming Club	46.03
4	Murphy, Lisa	11	Killerwhales Swimming Club	46.24
5	Day, Dina	11	Runnymede S.C.	46.41
6	Tomlinson, Stephanie	11	Romford Town SC	46.56
7	Lonergan, Sasha	10	Epping Forest District SC	47.03
8	Drysdale, Alex	11	Phoenix SC (Basildon)	47.37
9	Thompson, Chloe	10	Romford Town SC	47.52
10	Foley, Sarah	11	Romford Town SC	47.91
11	Hill, Abbie	11	Killerwhales Swimming Club	48.13
12	Trott, Katie	10	Romford Town SC	48.20
13	Webber, Maddie	11	Romford Town SC	48.31
14	Witton, Megan M	10	Romford Town SC	48.42
15	Corney, Erin	10	Romford Town SC	49.53
16	Palmer, Megan E	11	Phoenix SC (Basildon)	49.55
17	Blackwell, Joanna	11	London Borough of Redbridge	50.56
18	Harding, Carys	10	Canvey Island Swimming Club	52.44
19	Nolan-Day, Daisy	10	Romford Town SC	53.95
20	Dearman-Tur, Hannah J	11	Romford Town SC	53.96
21	Cooper, Megan	10	Canvey Island Swimming Club	54.24

Event 4 Boys 9 Year Olds 50 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Smith, Jacob	9	Romford Town SC	54.24
2	Jacobs Holden, Akil	9	London Borough of Redbridge	55.19
3	Kelly, Thomas	9	London Borough of Redbridge	1:00.65

Event 4 Boys 10-11 50 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Metcalf, Charlie	11	Borough of Southend SC	42.41
2	Mascall, Toby	11	London Borough of Redbridge	43.58
3	Goodwin, Kieran	11	Killerwhales Swimming Club	43.93
4	Yorwarth, Jamie	11	Canvey Island Swimming Club	43.94
5	Okeshola, Tobi	11	Killerwhales Swimming Club	44.40
6	Robinson, Daniel	11	Killerwhales Swimming Club	45.10
7	Johnson, Hugo	11	Borough of Southend SC	45.55
8	Hawney, Edward	10	Basildon & District SC	46.40
9	Lambert, Daniel	11	London Borough of Redbridge	46.83
10	Beardsell, Tommy J	11	Romford Town SC	47.10
11	Walmsley, Ross	11	Killerwhales Swimming Club	47.24
12	Keep, Mitchell	11	Killerwhales Swimming Club	47.66
13	Davis, Ben	11	Romford Town SC	47.71
14	Kitchener, Joshua	11	Eltham Stingrays	47.73
15	Payne, Oliver	11	Epping Forest District SC	48.35
16	Shim, Jordan	11	London Borough of Redbridge	48.36
17	Fox, Harry	11	Killerwhales Swimming Club	48.47
18	Athientis, Theodore	11	London Borough of Redbridge	49.00
19	Bennett, Andrew	11	Killerwhales Swimming Club	49.19
20	Holdbrook, Kieran	10	London Borough of Redbridge	49.22
21	Jinks, George	11	London Borough of Redbridge	50.88
22	Overbury, Conor	10	Runnymede S.C.	51.57
23	Drury, Alex	10	Romford Town SC	51.58
24	Hayne, Joseph	10	London Borough of Redbridge	55.38
25	Patel, Rajiv	10	London Borough of Redbridge	55.53

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 4 Boys 10-11 50 SC Meter Breaststroke)**

Name	Age	Team	Finals Time
26 Munro, Finlay J	11	Phoenix SC (Basildon)	55.73
27 Stuart, Max	11	Romford Town SC	56.23
28 Benson, Robert	10	Romford Town SC	57.48
29 Hayhow, Oliver	11	Borough of Waltham Forest	58.52
30 Shergill, Amar	11	London Borough of Redbridge	59.20
--- Feddon, Edward	11	Borough of Southend SC	DQ
4.4 Start before starting signal			
--- Illing, Charlie	11	Killerwhales Swimming Club	DQ
4.4 Start before starting signal			
--- Hutson, Ryan	11	London Borough of Redbridge	DQ
4.4 Start before starting signal			

Event 5 Girls 10-11 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Murphy, Lisa	11	Killerwhales Swimming Club	1:09.74
33.67 1:09.74			
2 Harwood, Lucy	10	London Borough of Redbridge	1:10.43
34.42 1:10.43			
3 Mitchell, Ellie	11	Runnymede S.C.	1:12.70
35.30 1:12.70			
4 Campbell, Marie	11	London Borough of Redbridge	1:12.96
34.83 1:12.96			
5 Priddle, Sophie	11	London Borough of Redbridge	1:13.22
35.63 1:13.22			
6 Day, Dina	11	Runnymede S.C.	1:13.52
35.30 1:13.52			
7 Montana, Eloise	10	London Borough of Redbridge	1:15.17
35.65 1:15.17			
8 Hill, Abbie	11	Killerwhales Swimming Club	1:15.41
34.72 1:15.41			
9 Di Mascio, Alexendra	11	Eltham Stingrays	1:15.89
35.84 1:15.89			
10 Levine, Isabel	11	London Borough of Redbridge	1:16.77
36.73 1:16.77			
11 Wang, Alice	11	Epping Forest District SC	1:18.97
36.60 1:18.97			
12 Palmer, Megan E	11	Phoenix SC (Basildon)	1:20.92
38.89 1:20.92			
13 Robinson, Georgia	10	Killerwhales Swimming Club	1:23.57
39.53 1:23.57			
14 Gras, Aimee	10	Borough of Southend SC	1:24.70
40.17 1:24.70			
15 Cooper, Megan	10	Canvey Island Swimming Club	1:27.15
40.66 1:27.15			
16 Sandberg, Emma	11	Killerwhales Swimming Club	1:27.82
41.47 1:27.82			
17 Blackwell, Joanna	11	London Borough of Redbridge	1:31.18
43.48 1:31.18			
18 Rourke, Evie P	10	Phoenix SC (Basildon)	1:34.62
41.53 1:34.62			
19 Mace, Ella	11	London Borough of Redbridge	1:41.98
47.83 1:41.98			

Event 5 Girls 12-13 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Hammond, Sarah	12	Amersham Swimming Club	1:05.16
31.27 1:05.16			

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 5 Girls 12-13 100 SC Meter Freestyle)**

Name	Age	Team	Finals Time
2 Wright, Ellie 31.66 1:05.57	13	London Borough of Redbridge	1:05.57
3 Petinaud, Nya 31.73 1:06.85	13	London Borough of Redbridge	1:06.85
4 Mellor, Caroline R 32.78 1:07.31	13	Phoenix SC (Basildon)	1:07.31
5 Lane, Emily 31.85 1:07.43	13	Maldon Sharks	1:07.43
6 Moore, Rachael L 32.82 1:07.50	12	Phoenix SC (Basildon)	1:07.50
7 Wingrove, Grace 32.23 1:07.59	12	London Borough of Redbridge	1:07.59
8 West, Maisie K 32.49 1:07.88	13	Phoenix SC (Basildon)	1:07.88
9 Kennedy, Mikaela 32.93 1:08.11	12	Killerwhales Swimming Club	1:08.11
10 Elmy, Sian 33.06 1:08.44	13	Runnymede S.C.	1:08.44
11 Ellerby, Karis 32.97 1:08.54	12	Borough of Southend SC	1:08.54
12 Amoroso, Sophia 32.92 1:08.58	13	London Borough of Redbridge	1:08.58
13 Mann, Lily T 34.26 1:10.10	13	Phoenix SC (Basildon)	1:10.10
14 Mitchell, Hayley 33.60 1:10.14	13	Runnymede S.C.	1:10.14
15 Simmons, Molly 33.71 1:10.29	13	Amersham Swimming Club	1:10.29
16 Warner, Poppy V 33.21 1:10.57	13	Phoenix SC (Basildon)	1:10.57
17 Zossimova, Ekaterina 33.27 1:11.07	13	L B Newham	1:11.07
18 Jones, Megan 35.26 1:11.14	12	Basildon & District SC	1:11.14
19 Golightly, Claire 35.35 1:11.88	12	London Borough of Redbridge	1:11.88
20 Whyman, Rebecca 34.36 1:12.16	13	Killerwhales Swimming Club	1:12.16
21 Aston, Emma 34.63 1:12.17	13	Romford Town SC	1:12.17
22 Lindblom, Filippa 35.19 1:12.44	12	London Borough of Redbridge	1:12.44
23 Foster-Carter, Alexa 34.43 1:12.61	13	Borough of Southend SC	1:12.61
24 Purcell, Shannon 35.08 1:12.69	13	London Borough of Redbridge	1:12.69
25 Karunakaran, Mathuri 34.99 1:12.71	12	London Borough of Redbridge	1:12.71
26 Munro, Jennifer M 35.47 1:13.87	12	Phoenix SC (Basildon)	1:13.87
27 Greenbaum, Leah 35.68 1:14.93	12	Borough of Southend SC	1:14.93
28 Davis, Ellie 35.18 1:15.01	12	Killerwhales Swimming Club	1:15.01
29 Graham, Esther 35.79 1:15.75	12	L B Newham	1:15.75
30 Hawney, Emily 35.63 1:15.77	12	Basildon & District SC	1:15.77

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 5 Girls 12-13 100 SC Meter Freestyle)**

Name	Age	Team	Finals Time
31 Payne, Lauren 36.34 1:16.12	13	Epping Forest District SC	1:16.12
32 Stratford, Claudia 36.54 1:18.08	12	Killerwhales Swimming Club	1:18.08
33 Smith, Anne-Marie 37.60 1:19.06	13	Romford Town SC	1:19.06
34 Rouse, Ellie 37.13 1:19.07	12	Killerwhales Swimming Club	1:19.07
35 Owen, Cydney 37.18 1:20.19	12	Borough of Southend SC	1:20.19

Event 5 Girls 14 & Over 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Lambert, Jessica 30.89 1:03.96	14	London Borough of Redbridge	1:03.96
2 Fahey, Aimee A 31.14 1:04.62	14	Epping Forest District SC	1:04.62
3 Kennedy, Liane 32.09 1:07.15	15	Killerwhales Swimming Club	1:07.15
4 Hartin, Charlotte 32.72 1:08.15	14	Runnymede S.C.	1:08.15
5 Smith, Demi 33.22 1:09.01	14	London Borough of Redbridge	1:09.01
6 Dickson, Georgina R 32.85 1:09.13	18	Romford Town SC	1:09.13
7 Mizon, Gemma 33.32 1:09.21	16	Maldon Sharks	1:09.21
8 Edge, Alexandra 33.65 1:09.72	14	Borough of Southend SC	1:09.72
9 Pullen, Nicole 33.61 1:09.76	15	Killerwhales Swimming Club	1:09.76
10 Islam, Shara 33.38 1:09.94	14	Romford Town SC	1:09.94
11 Pullen, Zoe 33.65 1:10.25	14	Killerwhales Swimming Club	1:10.25
12 Lucas, Sadie 34.04 1:11.48	14	London Borough of Redbridge	1:11.48
13 Chuck, Charlotte 35.67 1:12.64	14	Romford Town SC	1:12.64
14 Hagger, Rebecca 35.92 1:16.58	14	Killerwhales Swimming Club	1:16.58
15 Whyman, Emily 38.42 1:21.85	16	Killerwhales Swimming Club	1:21.85

Event 6 Boys 10-11 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Johnson, Hugo 31.48 1:04.76	11	Borough of Southend SC	1:04.76
2 Metcalf, Charlie 33.62 1:07.77	11	Borough of Southend SC	1:07.77
3 Goodwin, Kieran 33.33 1:10.18	11	Killerwhales Swimming Club	1:10.18
4 Mascall, Toby 34.37 1:10.86	11	London Borough of Redbridge	1:10.86
5 Rourke, Patrick J 34.54 1:11.17	11	Phoenix SC (Basildon)	1:11.17
6 Okeshola, Tobi 34.60 1:11.95	11	Killerwhales Swimming Club	1:11.95

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 6 Boys 10-11 100 SC Meter Freestyle)**

Name	Age	Team	Finals Time
7 Athientis, Theodore 34.74 1:12.59	11	London Borough of Redbridge	1:12.59
8 Knight, Oliver P 34.64 1:12.77	11	Phoenix SC (Basildon)	1:12.77
9 Cox, Jonathan 35.93 1:14.89	11	Killerwhales Swimming Club	1:14.89
10 Walmsley, Ross 35.35 1:15.21	11	Killerwhales Swimming Club	1:15.21
11 Weston, Thomas 35.92 1:15.37	11	Killerwhales Swimming Club	1:15.37
12 Keep, Mitchell 34.08 1:15.43	11	Killerwhales Swimming Club	1:15.43
13 Illing, Charlie 36.57 1:17.96	11	Killerwhales Swimming Club	1:17.96
14 Feddon, Edward 36.44 1:18.69	11	Borough of Southend SC	1:18.69
15 Robinson, Tommy L 37.94 1:19.08	11	Phoenix SC (Basildon)	1:19.08
16 Owen, Spencer 36.96 1:19.36	10	Borough of Southend SC	1:19.36
17 Lambert, Daniel 36.92 1:19.45	11	London Borough of Redbridge	1:19.45
18 Munro, Finlay J 37.26 1:19.51	11	Phoenix SC (Basildon)	1:19.51
19 Holdbrook, Kieran 37.03 1:19.79	10	London Borough of Redbridge	1:19.79
20 Payne, Oliver 36.98 1:20.59	11	Epping Forest District SC	1:20.59
21 Amoroso, Niccolo 39.11 1:20.94	10	London Borough of Redbridge	1:20.94
22 Hawney, Edward 39.17 1:21.19	10	Basildon & District SC	1:21.19
23 Bennett, Andrew 38.04 1:21.50	11	Killerwhales Swimming Club	1:21.50
24 Frost, Mitchell 36.48 1:21.51	11	Phoenix SC (Basildon)	1:21.51
25 O'Doherty, Dermot 38.15 1:22.00	10	Phoenix SC (Basildon)	1:22.00
26 Shim, Jordan 38.89 1:23.31	11	London Borough of Redbridge	1:23.31
27 Hayhow, Oliver 39.82 1:24.09	11	Borough of Waltham Forest	1:24.09
28 Ackerman, Jonathan 38.53 1:24.75	10	Killerwhales Swimming Club	1:24.75
29 Deasy, Conor 40.04 1:26.47	11	Killerwhales Swimming Club	1:26.47
30 Hayne, Joseph 44.02 1:30.48	10	London Borough of Redbridge	1:30.48
31 Jinks, George 44.65 1:30.78	11	London Borough of Redbridge	1:30.78
32 Patel, Rajiv 44.20 1:35.55	10	London Borough of Redbridge	1:35.55
--- Kitchener, Joshua 4.4 Start before starting signal 39.35 DQ	11	Eltham Stingrays	DQ

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****Event 6 Boys 12-13 100 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Greenbaum, Mark 29.19 1:00.93	13	Borough of Southend SC	1:00.93
2 Robinson, Aiden 29.07 1:01.32	13	Killerwhales Swimming Club	1:01.32
3 Kelly, Samuel 29.83 1:02.32	13	London Borough of Redbridge	1:02.32
4 Man, Kenneth 31.61 1:05.99	12	London Borough of Redbridge	1:05.99
5 Sheridan, Luke 31.52 1:06.14	12	Romford Town SC	1:06.14
6 Kearns, Connor 31.51 1:06.18	12	Killerwhales Swimming Club	1:06.18
7 Truong, Stephen 31.89 1:07.06	13	London Borough of Redbridge	1:07.06
8 Brooks, Edward 31.53 1:07.10	13	Killerwhales Swimming Club	1:07.10
9 Scott, Fraser 33.03 1:07.33	12	London Borough of Redbridge	1:07.33
10 Hart, Elliot 32.88 1:07.85	13	Runnymede S.C.	1:07.85
11 Brown, Morgan 32.64 1:08.09	12	London Borough of Redbridge	1:08.09
12 Fox, Charlie 32.70 1:08.49	12	Killerwhales Swimming Club	1:08.49
13 Allsop, Samuel 32.93 1:08.51	12	Romford Town SC	1:08.51
14 Alexander, Matthew 32.35 1:08.52	13	Killerwhales Swimming Club	1:08.52
15 Wolf, Samuel 32.69 1:08.92	12	Borough of Southend SC	1:08.92
16 Cunnington, Bentley 34.06 1:10.96	12	Epping Forest District SC	1:10.96
17 Farley, Joseph 33.90 1:11.16	13	Epping Forest District SC	1:11.16
18 Davis, Matthew 33.73 1:11.20	12	Runnymede S.C.	1:11.20
19 Harding, Todd 32.90 1:13.19	13	Canvey Island Swimming Club	1:13.19
20 Bond, Ryan 34.39 1:13.34	13	Epping Forest District SC	1:13.34
21 Farmer, Lee 35.22 1:13.94	13	Borough of Waltham Forest	1:13.94
22 Grey, Nathan 35.47 1:14.32	12	Killerwhales Swimming Club	1:14.32
23 Serwacki, Wojciech 34.33 1:14.65	12	Epping Forest District SC	1:14.65
24 Manning, William 36.09 1:16.01	12	Romford Town SC	1:16.01
25 Pobi Da Silva, Malek 35.48 1:16.06	12	L B Newham	1:16.06
26 Courtnell, Edward 36.34 1:17.36	13	Phoenix SC (Basildon)	1:17.36
27 Toolis, Jonathan 37.18 1:18.01	12	Romford Town SC	1:18.01
28 Lynch, Samuel 37.04 1:18.82	12	Phoenix SC (Basildon)	1:18.82

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 6 Boys 12-13 100 SC Meter Freestyle)**

Name	Age	Team	Finals Time
29 Aboushousha, Mezen 37.20 1:20.23	12	London Borough of Redbridge	1:20.23
30 Ross, Ryan 37.51 1:20.65	13	Romford Town SC	1:20.65
31 Hayhow, Jesse 41.35 1:24.92	12	Borough of Waltham Forest	1:24.92
--- Merchan, Alex 4.4 Start before starting signal 32.69 DQ	13	Killerwhales Swimming Club	DQ

Event 6 Boys 14 & Over 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Smith, Ryan 27.81 57.65	17	London Borough of Redbridge	57.65
2 Cassford, Freddy 27.99 57.86	14	Epping Forest District SC	57.86
3 Roome, James 28.28 58.59	14	Killerwhales Swimming Club	58.59
4 Brown, Lawrence 28.01 58.92	14	London Borough of Redbridge	58.92
5 Skingsley, Tom 27.71 59.01	15	Killerwhales Swimming Club	59.01
6 Crow, George 28.36 59.35	14	Killerwhales Swimming Club	59.35
7 Bennett, David 28.78 59.41	15	Killerwhales Swimming Club	59.41
8 Gillard, Adam 28.83 59.82	15	London Borough of Redbridge	59.82
9 Defreitas - Archer, Lewis 29.14 1:00.08	17	London Borough of Redbridge	1:00.08
10 Clark, Thomas 28.91 1:00.50	16	Romford Town SC	1:00.50
11 Beadle, Tom 29.08 1:00.54	14	London Borough of Redbridge	1:00.54
12 Foster, Joeseeph 28.70 1:00.59	14	L B Newham	1:00.59
13 Worby, Jonathan 29.80 1:00.62	15	London Borough of Redbridge	1:00.62
14 Gordon, Joe 28.92 1:00.66	19	L B Newham	1:00.66
15 Ward, David 29.29 1:01.02	17	Romford Town SC	1:01.02
16 Hammond, Jake 29.00 1:01.03	16	L B Newham	1:01.03
17 Peddle, Steven 29.13 1:01.46	17	Epping Forest District SC	1:01.46
18 Andrews, Toby 29.20 1:01.49	15	Killerwhales Swimming Club	1:01.49
19 Bushell, John 29.69 1:02.52	16	Canvey Island Swimming Club	1:02.52
20 Rogers, Joshua 30.44 1:03.52	14	Romford Town SC	1:03.52
*21 Chesney - Brown, Cameron 30.32 1:03.90	16	L B Newham	1:03.90
*21 Goodacre, Alex 30.29 1:03.90	15	Romford Town SC	1:03.90
23 Sparks, Sam 30.42 1:04.08	16	Killerwhales Swimming Club	1:04.08

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 6 Boys 14 & Over 100 SC Meter Freestyle)**

Name	Age	Team	Finals Time
24 Toolis, Conor 30.69 1:04.70	15	Romford Town SC	1:04.70
25 Benson, Thomas 31.11 1:04.77	14	Romford Town SC	1:04.77
26 Sadik, Eren 30.51 1:04.86	14	Epping Forest District SC	1:04.86
27 Mullender, Christopher A 31.25 1:05.21	14	Phoenix SC (Basildon)	1:05.21
28 Apau, Jasper 30.91 1:05.27	15	L B Newham	1:05.27
29 Head, Thomas P 31.20 1:05.43	14	Phoenix SC (Basildon)	1:05.43
30 Hayhow, Joel 32.54 1:07.48	14	Borough of Waltham Forest	1:07.48
31 Bond, Michael 32.17 1:07.51	15	Epping Forest District SC	1:07.51
32 Gordon, Charlie 32.65 1:07.61	15	L B Newham	1:07.61
33 Williams, Kory 33.88 1:12.23	18	Borough of Waltham Forest	1:12.23
34 Kearney, David 33.03 1:12.30	16	Leyton Swimming Club	1:12.30
35 Harnetty, George 34.70 1:12.71	14	Borough of Southend SC	1:12.71
36 NG, Bowen 35.27 1:15.53	15	London Borough of Redbridge	1:15.53
--- Jobson, Ben 4.4 Start before starting signal 28.52 DQ	16	London Borough of Redbridge	DQ

Event 7 Girls 9 & Under 200 SC Meter IM

Name	Age	Team	Finals Time
1 Roberts, Nikita 45.13 1:35.38 2:36.51 3:21.65	9	London Borough of Redbridge	3:21.65
2 Milton, Georgia 48.57 1:39.32 2:38.38 3:25.34	9	Romford Town SC	3:25.34
3 Davis, Lucie 51.97 1:42.86 2:44.12 3:28.58	9	Killerwhales Swimming Club	3:28.58
4 Cribb, Rebecca A 49.58 1:43.11 2:46.61 3:35.94	9	Romford Town SC	3:35.94
5 Norris, Maddie 49.88 1:46.62 2:50.63 3:41.62	9	Canvey Island Swimming Club	3:41.62
6 Mascall, Sophie 49.97 1:45.87 2:50.06 3:43.07	9	London Borough of Redbridge	3:43.07
7 Harnetty, Ella 56.08 1:51.91 2:56.46 3:44.48	9	Borough of Southend SC	3:44.48

Event 7 Girls 10-11 200 SC Meter IM

Name	Age	Team	Finals Time
1 Harwood, Lucy 39.05 1:23.55 2:20.57 2:59.69	10	London Borough of Redbridge	2:59.69
2 Greenbaum, Lauren 41.08 1:26.47 2:21.27 3:00.05	11	Borough of Southend SC	3:00.05
3 Tomlinson, Stephanie 39.32 1:26.64 2:21.52 3:00.39	11	Romford Town SC	3:00.39
4 Hill, Abbie 39.29 1:22.93 2:19.83 3:01.22	11	Killerwhales Swimming Club	3:01.22

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 7 Girls 10-11 200 SC Meter IM)**

Name	Age	Team	Finals Time
5 Purcell, Ciara	11	London Borough of Redbridge	3:01.50
43.11 1:32.72 2:22.19	3:01.50		
6 Murphy, Lisa	11	Killerwhales Swimming Club	3:02.27
44.00 1:29.93 2:26.17	3:02.27		
7 Priddle, Sophie	11	London Borough of Redbridge	3:02.75
40.19 1:26.63 2:23.73	3:02.75		
8 Binning, Hannah	10	Romford Town SC	3:05.67
40.49 1:29.26 2:22.10	3:05.67		
9 Drysdale, Alex	11	Phoenix SC (Basildon)	3:05.79
41.76 1:27.67 2:22.72	3:05.79		
10 Corney, Erin	10	Romford Town SC	3:06.74
43.10 1:28.15 2:26.16	3:06.74		
11 Harris, Ellie	11	Romford Town SC	3:07.77
44.73 1:30.92 2:26.35	3:07.77		
12 Manning, Anna	10	Romford Town SC	3:09.03
43.02 1:31.38 2:26.17	3:09.03		
13 Levine, Isabel	11	London Borough of Redbridge	3:10.69
45.25 1:33.87 2:28.91	3:10.69		
14 Foley, Sarah	11	Romford Town SC	3:10.78
43.62 1:31.35 2:28.13	3:10.78		
15 Thompson, Chloe	10	Romford Town SC	3:12.13
43.23 1:29.62 2:28.24	3:12.13		
16 Webber, Maddie	11	Romford Town SC	3:12.94
45.45 1:33.50 2:30.33	3:12.94		
17 Montana, Eloise	10	London Borough of Redbridge	3:14.28
46.66 1:33.26 2:32.80	3:14.28		
18 Trott, Katie	10	Romford Town SC	3:14.33
46.13 1:36.34 2:32.40	3:14.33		
19 Campbell, Marie	11	London Borough of Redbridge	3:14.96
43.94 1:30.49 2:35.40	3:14.96		
20 Witton, Megan M	10	Romford Town SC	3:17.08
45.23 1:35.00 2:32.27	3:17.08		
21 Dearman-Tur, Hannah J	11	Romford Town SC	3:26.07
48.18 1:39.95 2:39.06	3:26.07		

Event 7 Girls 12-13 200 SC Meter IM

Name	Age	Team	Finals Time
1 Harris, Amy	12	Romford Town SC	2:37.64
36.40 1:16.04 2:37.64			
2 Wingrove, Grace	12	London Borough of Redbridge	2:43.03
37.62 1:18.90 2:43.03			
3 Kennedy, Mikaela	12	Killerwhales Swimming Club	2:45.02
36.07 1:19.90 2:08.47	2:45.02		
4 Mellor, Caroline R	13	Phoenix SC (Basildon)	2:45.31
37.25 1:19.21 2:45.31			
5 Elmy, Sian	13	Runnymede S.C.	2:45.64
38.20 1:18.88 2:08.48	2:45.64		
6 Wright, Ellie	13	London Borough of Redbridge	2:46.47
34.71 1:17.86 2:46.47			
7 Simmons, Molly	13	Amersham Swimming Club	2:46.58
37.69 1:21.12 2:09.60	2:46.58		
8 Amoroso, Sophia	13	London Borough of Redbridge	2:46.90
37.11 1:18.10 2:09.19	2:46.90		
9 Mitchell, Hayley	13	Runnymede S.C.	2:52.70
39.98 1:21.81 2:14.31	2:52.70		
10 Mann, Lily T	13	Phoenix SC (Basildon)	2:52.95
39.21 1:23.14 2:15.38	2:52.95		

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 7 Girls 12-13 200 SC Meter IM)**

Name	Age	Team	Finals Time
11 Aston, Emma	13	Romford Town SC	2:55.49
40.14 1:23.92 2:16.22	2:55.49		
12 Golightly, Claire	12	London Borough of Redbridge	2:56.26
40.82 1:25.60 2:17.36	2:56.26		
13 Petinaud, Nya	13	London Borough of Redbridge	2:56.97
35.15 1:21.99 2:16.21	2:56.97		
14 Purcell, Shannon	13	London Borough of Redbridge	2:57.39
38.66 1:25.57 2:17.42	2:57.39		
15 Whyman, Rebecca	13	Killerwhales Swimming Club	2:59.58
42.13 1:27.40 2:20.05	2:59.58		
16 Jones, Megan	12	Basildon & District SC	2:59.88
39.02 1:25.15 2:21.28	2:59.88		
17 Karunakaran, Mathuri	12	London Borough of Redbridge	3:00.75
43.96 1:29.38 2:21.36	3:00.75		
18 Foster-Carter, Alexa	13	Borough of Southend SC	3:01.42
40.44 1:28.41 2:21.70	3:01.42		
19 Warner, Poppy V	13	Phoenix SC (Basildon)	3:05.41
41.74 1:27.11 2:24.77	3:05.41		
20 Payne, Lauren	13	Epping Forest District SC	3:06.38
43.25 1:29.40 2:24.09	3:06.38		
21 Lindblom, Filippa	12	London Borough of Redbridge	3:06.63
41.56 1:30.01 2:27.25	3:06.63		
22 Hawney, Emily	12	Basildon & District SC	3:07.43
42.93 1:31.46 2:25.46	3:07.43		
23 Munro, Jennifer M	12	Phoenix SC (Basildon)	3:09.19
44.46 1:31.24 2:25.52	3:09.19		

Event 7 Girls 14 & Over 200 SC Meter IM

Name	Age	Team	Finals Time
1 Kennedy, Liane	15	Killerwhales Swimming Club	2:42.34
34.39 1:15.46 2:04.66	2:42.34		
2 Fahey, Aimee A	14	Epping Forest District SC	2:42.72
35.96 1:16.88 2:07.04	2:42.72		
3 Smith, Demi	14	London Borough of Redbridge	2:45.40
36.46 1:18.55 2:45.40			
4 Lucas, Sadie	14	London Borough of Redbridge	2:48.44
35.70 1:19.01 2:48.44			
5 Hammond, Sophie	15	L B Newham	2:49.34
35.68 1:18.55 2:09.92	2:49.34		
6 Hartin, Charlotte	14	Runnymede S.C.	2:50.24
43.37 1:27.57 2:13.36	2:50.24		
7 Edge, Alexandra	14	Borough of Southend SC	2:50.75
38.69 1:21.73 2:12.46	2:50.75		
8 Pullen, Nicole	15	Killerwhales Swimming Club	2:53.48
39.58 1:23.98 2:14.11	2:53.48		
9 Chuck, Charlotte	14	Romford Town SC	2:55.38
40.66 1:27.78 2:16.75	2:55.38		
10 Pullen, Zoe	14	Killerwhales Swimming Club	2:56.34
38.30 1:24.50 2:17.99	2:56.34		
11 Hagger, Rebecca	14	Killerwhales Swimming Club	3:02.43
42.02 1:29.25 2:22.11	3:02.43		
--- Zerrougui, Karima	14	Eltham Stingrays	DQ
6.5 Not on the back at finish - back			
35.29 1:17.14 2:07.44	DQ		

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****Event 8 Boys 9 & Under 100 SC Meter IM**

Name	Age	Team	Finals Time
--- Jolly, Harvey	9	Phoenix SC (Basildon)	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneous - breast			
49.55		DQ	
--- Kelly, Thomas	9	London Borough of Redbridge	DQ
8.2 Arms not brought backward simultaneously - fly			

Event 8 Boys 10-11 100 SC Meter IM

Name	Age	Team	Finals Time
1 Robinson, Daniel	11	Killerwhales Swimming Club	1:20.08
37.23		1:20.08	
2 Rourke, Patrick J	11	Phoenix SC (Basildon)	1:20.44
37.09		1:20.44	
3 Okeshola, Tobi	11	Killerwhales Swimming Club	1:23.83
39.49		1:23.83	
4 Yorwarth, Jamie	11	Canvey Island Swimming Club	1:24.38
39.07		1:24.38	
5 Goodwin, Kieran	11	Killerwhales Swimming Club	1:25.61
40.15		1:25.61	
6 Keep, Mitchell	11	Killerwhales Swimming Club	1:26.80
40.51		1:26.80	
7 Cox, Jonathan	11	Killerwhales Swimming Club	1:27.46
40.52		1:27.46	
8 Beardsell, Tommy J	11	Romford Town SC	1:27.76
40.74		1:27.76	
9 Lambert, Daniel	11	London Borough of Redbridge	1:28.37
40.91		1:28.37	
10 Weston, Thomas	11	Killerwhales Swimming Club	1:28.77
43.18		1:28.77	
11 Knight, Oliver P	11	Phoenix SC (Basildon)	1:28.93
41.92		1:28.93	
12 Coles, Oliver	11	Romford Town SC	1:29.39
43.14		1:29.39	
13 Athientis, Theodore	11	London Borough of Redbridge	1:29.81
41.11		1:29.81	
14 Illing, Charlie	11	Killerwhales Swimming Club	1:30.37
41.14		1:30.37	
15 Walmsley, Ross	11	Killerwhales Swimming Club	1:30.87
42.99		1:30.87	
16 Frost, Mitchell	11	Phoenix SC (Basildon)	1:31.19
41.22		1:31.19	
17 Kitchener, Joshua	11	Eltham Stingrays	1:31.42
41.97		1:31.42	
18 Holdbrook, Kieran	10	London Borough of Redbridge	1:33.60
44.61		1:33.60	
19 Bennett, Andrew	11	Killerwhales Swimming Club	1:33.97
44.20		1:33.97	
20 Hawney, Edward	10	Basildon & District SC	1:34.49
46.58		1:34.49	
21 Shim, Jordan	11	London Borough of Redbridge	1:34.75
44.04		1:34.75	
22 Amoroso, Niccolo	10	London Borough of Redbridge	1:35.41
23 Ackerman, Jonathan	10	Killerwhales Swimming Club	1:35.50
45.65		1:35.50	
24 O'Doherty, Dermot	10	Phoenix SC (Basildon)	1:35.55
43.89		1:35.55	
25 Drury, Alex	10	Romford Town SC	1:35.60
44.55		1:35.60	

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 8 Boys 10-11 100 SC Meter IM)**

Name	Age	Team	Finals Time
26 Harris, Luke J 46.49 1:38.48	10	Romford Town SC	1:38.48
27 Payne, Oliver 45.52 1:38.60	11	Epping Forest District SC	1:38.60
28 Hayhow, Oliver 45.68 1:38.83	11	Borough of Waltham Forest	1:38.83
29 Robinson, Tommy L 45.98 1:39.14	11	Phoenix SC (Basildon)	1:39.14
30 Munro, Finlay J 45.65 1:39.25	11	Phoenix SC (Basildon)	1:39.25
31 Overbury, Conor 46.48 1:39.42	10	Runnymede S.C.	1:39.42
*32 Hutson, Ryan 45.31 1:42.87	11	London Borough of Redbridge	1:42.87
*32 Benson, Robert 49.93 1:42.87	10	Romford Town SC	1:42.87
34 Stuart, Max 44.66 1:48.48	11	Romford Town SC	1:48.48
--- Deasy, Conor 52.40 1:38.35	11	Killerwhales Swimming Club	X1:38.35
--- Feddon, Edward 6.5 Not on the back at finish - back 43.97 DQ	11	Borough of Southend SC	DQ
--- Davis, Ben 6.4 Not on back when leaving the wall - back 47.91 DQ	11	Romford Town SC	DQ

Event 8 Boys 12-13 100 SC Meter IM

Name	Age	Team	Finals Time
1 Knight, George 33.69 1:13.07	13	Runnymede S.C.	1:13.07
2 Robinson, Aiden 35.55 1:14.07	13	Killerwhales Swimming Club	1:14.07
3 Kelly, Samuel 34.68 1:14.97	13	London Borough of Redbridge	1:14.97
4 Kearns, Connor 35.51 1:15.55	12	Killerwhales Swimming Club	1:15.55
5 Merchan, Alex 34.56 1:15.86	13	Killerwhales Swimming Club	1:15.86
6 Lee, Daniel 36.17 1:16.04	13	Canvey Island Swimming Club	1:16.04
7 Truong, Stephen 35.01 1:16.90	13	London Borough of Redbridge	1:16.90
8 Hart, Elliot 38.04 1:17.68	13	Runnymede S.C.	1:17.68
9 Man, Kenneth 35.31 1:17.81	12	London Borough of Redbridge	1:17.81
10 Sheridan, Luke 36.76 1:18.06	12	Romford Town SC	1:18.06
*11 Brooks, Edward 38.04 1:18.41	13	Killerwhales Swimming Club	1:18.41
*11 Hall, Kyle	13	London Borough of Redbridge	1:18.41
13 Fox, Charlie 35.48 1:18.86	12	Killerwhales Swimming Club	1:18.86
14 Alexander, Matthew 35.65 1:19.66	13	Killerwhales Swimming Club	1:19.66
15 Allsop, Samuel 38.06 1:20.43	12	Romford Town SC	1:20.43

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 8 Boys 12-13 100 SC Meter IM)**

Name	Age	Team	Finals Time
16 Farley, Joseph 38.01 1:21.40	13	Epping Forest District SC	1:21.40
17 Brown, Morgan 38.34 1:21.76	12	London Borough of Redbridge	1:21.76
18 Scott, Fraser	12	London Borough of Redbridge	1:21.91
19 Davis, Matthew 39.17 1:22.95	12	Runnymede S.C.	1:22.95
20 Cunnington, Bentley 39.07 1:23.05	12	Epping Forest District SC	1:23.05
21 Woolf, Samuel 38.97 1:23.56	12	Borough of Southend SC	1:23.56
22 Farmer, Lee 37.83 1:24.83	13	Borough of Waltham Forest	1:24.83
23 Pobi Da Silva, Malek 41.11 1:25.71	12	L B Newham	1:25.71
24 Lynch, Samuel 42.34 1:27.28	12	Phoenix SC (Basildon)	1:27.28
25 Toolis, Jonathan 43.95 1:29.35	12	Romford Town SC	1:29.35
26 Manning, William 40.45 1:29.46	12	Romford Town SC	1:29.46
27 Grey, Nathan 41.22 1:30.13	12	Killerwhales Swimming Club	1:30.13
28 Ross, Ryan 42.92 1:30.25	13	Romford Town SC	1:30.25
29 Hayhow, Jesse 44.74 1:33.96	12	Borough of Waltham Forest	1:33.96

Event 8 Boys 14 & Over 100 SC Meter IM

Name	Age	Team	Finals Time
1 Smith, Ryan 30.67 1:05.71	17	London Borough of Redbridge	1:05.71
2 Crow, George 32.13 1:08.80	14	Killerwhales Swimming Club	1:08.80
3 Clark, Thomas 32.01 1:09.07	16	Romford Town SC	1:09.07
4 Bennett, David 31.17 1:09.13	15	Killerwhales Swimming Club	1:09.13
5 Roome, James 31.70 1:09.71	14	Killerwhales Swimming Club	1:09.71
6 Gillard, Adam 32.33 1:09.74	15	London Borough of Redbridge	1:09.74
*7 Defreitas - Archer, Lewis 31.19 1:09.79	17	London Borough of Redbridge	1:09.79
*7 Skingsley, Tom 32.39 1:09.79	15	Killerwhales Swimming Club	1:09.79
9 Ward, David 33.31 1:10.31	17	Romford Town SC	1:10.31
10 Worby, Jonathan 33.02 1:10.96	15	London Borough of Redbridge	1:10.96
11 Hammond, Jake 33.76 1:11.67	16	L B Newham	1:11.67
12 Peddle, Steven 33.52 1:11.88	17	Epping Forest District SC	1:11.88
13 Foster, Joeseeph 33.20 1:11.90	14	L B Newham	1:11.90
14 Chesney - Brown, Cameron 34.24 1:12.09	16	L B Newham	1:12.09

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 8 Boys 14 & Over 100 SC Meter IM)**

Name	Age	Team	Finals Time
15 Beadle, Tom	14	London Borough of Redbridge	1:12.84
33.50 1:12.84			
16 Bushell, John	16	Canvey Island Swimming Club	1:13.06
34.13 1:13.06			
17 Andrews, Toby	15	Killerwhales Swimming Club	1:13.45
33.70 1:13.45			
18 Goodacre, Alex	15	Romford Town SC	1:13.47
33.43 1:13.47			
19 Rogers, Joshua	14	Romford Town SC	1:14.15
35.38 1:14.15			
20 Sparks, Sam	16	Killerwhales Swimming Club	1:14.26
33.50 1:14.26			
21 Benson, Thomas	14	Romford Town SC	1:15.87
34.73 1:15.87			
22 Hayhow, Joel	14	Borough of Waltham Forest	1:17.81
23 Moate, Craig	24	London Borough of Redbridge	1:17.88
35.05 1:17.88			
24 Toolis, Conor	15	Romford Town SC	1:18.49
35.54 1:18.49			
25 Williams, Kory	18	Borough of Waltham Forest	1:19.45
36.67 1:19.45			
26 Kearney, David	16	Leyton Swimming Club	1:21.38
38.01 1:21.38			
27 NG, Bowen	15	London Borough of Redbridge	1:27.04

Event 9 Girls 9 & Under 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Kearns, Zoe	9	Killerwhales Swimming Club	3:43.52
51.36 1:50.29 2:48.39 3:43.52			
2 Peddle, Amelia	9	Epping Forest District SC	3:45.51
49.34 1:47.93 2:48.72 3:45.51			
3 Knight, Becky	9	Canvey Island Swimming Club	3:55.21
53.49 1:53.14 2:54.30 3:55.21			
4 Jones, Maisie	9	Basildon & District SC	3:59.04
54.82 1:56.94 2:59.51 3:59.04			
5 Roberts, Nikita	9	London Borough of Redbridge	3:59.45
55.67 1:57.82 2:59.66 3:59.45			
6 Cochrane, Cayley	9	London Borough of Redbridge	4:00.36
54.52 1:57.29 3:00.19 4:00.36			
7 Davis, Lucie	9	Killerwhales Swimming Club	4:02.93
57.43 1:59.78 3:01.65 4:02.93			
8 Hull, Jodie	9	Borough of Waltham Forest	4:07.76
57.86 2:01.59 3:04.59 4:07.76			
9 Mascall, Sophie	9	London Borough of Redbridge	4:12.41
56.89 2:02.12 3:07.67 4:12.41			
10 Marshall, Harriet	9	Borough of Southend SC	4:27.08
1:01.04 2:10.72 3:20.48 4:27.08			
11 Gillard, Ruth	9	London Borough of Redbridge	4:28.78
1:00.37 2:10.71 3:21.01 4:28.78			
--- Milton, Georgia	9	Romford Town SC	DQ
7.6 Head not breaking surface during the last complete or incomplete cycle preceding touch			
52.67 1:51.87 2:52.96 DQ			
--- Harnetty, Ella	9	Borough of Southend SC	DQ
7.4 Head did not break surface before hands turn inward at widest point in 2nd stroke after			
55.28 2:01.03 3:06.71 DQ			

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****Event 9 Girls 10-11 200 SC Meter Breaststroke**

	Name	Age	Team	Finals Time
1	Day, Dina	11	Runnymede S.C.	3:20.20
	46.50 1:38.31 2:29.48		3:20.20	
2	Ellis, Sarah	11	Runnymede S.C.	3:27.67
	47.88 1:41.21 2:35.16		3:27.67	
3	Levine, Isabel	11	London Borough of Redbridge	3:29.87
	48.37 1:42.56 2:36.73		3:29.87	
4	Garrard, Mollie	10	Runnymede S.C.	3:30.70
	47.46 1:40.66 2:35.93		3:30.70	
5	Tomlinson, Stephanie	11	Romford Town SC	3:31.00
	49.28 1:44.55 2:38.42		3:31.00	
6	Murphy, Lisa	11	Killerwhales Swimming Club	3:31.35
	51.21 1:45.54 2:40.81		3:31.35	
7	Priddle, Sophie	11	London Borough of Redbridge	3:32.82
	47.36 1:41.74 2:37.43		3:32.82	
8	Webber, Maddie	11	Romford Town SC	3:36.24
	49.95 1:45.66 2:41.59		3:36.24	
9	Harris, Ellie	11	Romford Town SC	3:36.33
	51.37 1:47.54 2:42.41		3:36.33	
10	Drysdale, Alex	11	Phoenix SC (Basildon)	3:37.90
	49.06 1:44.67 2:42.39		3:37.90	
11	Lonergan, Sasha	10	Epping Forest District SC	3:37.94
	50.86 1:46.62 2:38.87		3:37.94	
12	Hagger, Briony	11	Killerwhales Swimming Club	3:39.29
	50.63 1:48.85 2:45.98		3:39.29	
13	Trott, Katie	10	Romford Town SC	3:39.32
	51.27 1:48.83 2:45.75		3:39.32	
14	Foley, Sarah	11	Romford Town SC	3:42.61
	50.65 1:47.33 2:45.01		3:42.61	
15	Witton, Megan M	10	Romford Town SC	3:45.49
	51.61 1:49.34 2:49.29		3:45.49	
16	Montana, Eloise	10	London Borough of Redbridge	3:46.73
	52.33 1:49.71 2:48.21		3:46.73	
17	Harwood, Lucy	10	London Borough of Redbridge	3:48.26
	53.45 1:52.70 2:52.13		3:48.26	
18	Dearman-Tur, Hannah J	11	Romford Town SC	4:01.12
	56.47 1:58.49 2:59.49		4:01.12	
19	Harding, Carys	10	Canvey Island Swimming Club	4:11.53
	55.89 2:00.27 3:04.91		4:11.53	
---	Binning, Hannah	10	Romford Town SC	DQ
	7.4 Head did not break surface before hands turn inward at widest point in 2nd stroke after			
	46.99 1:41.19 2:36.01		DQ	

Event 9 Girls 12-13 200 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Sparks, Molly	13	Killerwhales Swimming Club	3:01.77
	41.73 1:27.66 2:14.75		3:01.77	
2	Harris, Amy	12	Romford Town SC	3:02.61
	41.38 1:27.31 2:14.96		3:02.61	
3	Wingrove, Grace	12	London Borough of Redbridge	3:04.96
	42.75 1:30.27 2:17.90		3:04.96	
4	Hammond, Sarah	12	Amersham Swimming Club	3:05.97
	42.48 1:31.09 2:19.91		3:05.97	
5	Rooke, Danielle	13	Killerwhales Swimming Club	3:09.09
	43.09 1:31.62 2:20.38		3:09.09	
6	Simmons, Molly	13	Amersham Swimming Club	3:09.35
	43.50 1:32.28 2:21.52		3:09.35	

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 9 Girls 12-13 200 SC Meter Breaststroke)**

Name	Age	Team	Finals Time
7 Amoroso, Sophia	13	London Borough of Redbridge	3:11.27
44.52 1:33.07 2:22.58	3:11.27		
8 Golightly, Claire	12	London Borough of Redbridge	3:13.10
44.58 1:33.65 2:23.69	3:13.10		
9 Kennedy, Mikaela	12	Killerwhales Swimming Club	3:13.68
43.90 1:33.68 2:24.49	3:13.68		
10 Garrard, Annie	12	Runnymede S.C.	3:14.81
44.91 1:34.61 2:25.04	3:14.81		
11 Wright, Ellie	13	London Borough of Redbridge	3:17.89
45.05 1:34.94 2:26.44	3:17.89		
12 Purcell, Shannon	13	London Borough of Redbridge	3:19.82
45.76 1:38.47 2:30.24	3:19.82		
13 Karunakaran, Mathuri	12	London Borough of Redbridge	3:20.20
45.85 1:37.69 2:29.11	3:20.20		
14 Davis, Ellie	12	Killerwhales Swimming Club	3:20.43
45.14 1:36.51 2:28.72	3:20.43		
15 Whyman, Rebecca	13	Killerwhales Swimming Club	3:20.97
45.49 1:36.75 2:30.21	3:20.97		
16 Foster-Carter, Alexa	13	Borough of Southend SC	3:24.06
46.46 1:39.18 2:32.11	3:24.06		
17 Hawney, Emily	12	Basildon & District SC	3:24.50
45.81 1:38.94 2:32.16	3:24.50		
18 Munro, Jennifer M	12	Phoenix SC (Basildon)	3:26.13
46.09 1:38.97 2:34.07	3:26.13		
19 West, Maisie K	13	Phoenix SC (Basildon)	3:26.86
47.20 1:40.08 2:32.89	3:26.86		
20 Rouse, Ellie	12	Killerwhales Swimming Club	3:33.26
46.86 1:41.34 2:37.82	3:33.26		
21 Warner, Poppy V	13	Phoenix SC (Basildon)	3:37.39
46.62 1:42.99 2:40.77	3:37.39		
--- Ellerby, Karis	12	Borough of Southend SC	X3:03.76
41.63 1:28.64 2:16.50	3:03.76		
--- Moore, Rachael L	12	Phoenix SC (Basildon)	X3:09.18
43.99 1:32.19 2:21.32	3:09.18		

Event 9 Girls 14 & Over 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Hartin, Charlotte	14	Runnymede S.C.	2:59.16
41.33 1:26.84 2:13.21	2:59.16		
2 Packman, Hannah	16	Canvey Island Swimming Club	3:00.16
40.48 1:26.04 2:13.14	3:00.16		
3 Braybrooke, Julia	23	Killerwhales Swimming Club	3:00.75
39.97 1:26.05 2:13.22	3:00.75		
4 Lucas, Sadie	14	London Borough of Redbridge	3:06.39
42.36 1:30.39 2:19.11	3:06.39		
5 Smith, Demi	14	London Borough of Redbridge	3:07.84
42.23 1:28.75 2:17.93	3:07.84		
6 Chuck, Charlotte	14	Romford Town SC	3:09.50
44.69 1:33.16 2:21.80	3:09.50		
7 Edge, Alexandra	14	Borough of Southend SC	3:13.66
45.02 1:33.62 2:23.64	3:13.66		
8 Hagger, Rebecca	14	Killerwhales Swimming Club	3:21.15
46.20 1:37.88 2:30.25	3:21.15		

Event 10 Boys 9 & Under 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Joseph, Emanuel	9	Borough of Waltham Forest	4:09.34
57.72 2:01.93 3:06.53	4:09.34		

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 10 Boys 9 & Under 200 SC Meter Breaststroke)**

Name	Age	Team	Finals Time
2 Kelly, Thomas	9	London Borough of Redbridge	4:25.42
1:02.16	2:10.14	3:19.04	4:25.42

Event 10 Boys 10-11 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Metcalf, Charlie	11	Borough of Southend SC	3:26.78
46.57	1:40.11	2:33.77	3:26.78
2 Hawney, Edward	10	Basildon & District SC	3:34.09
49.76	1:45.75	2:42.00	3:34.09
3 Weston, Thomas	11	Killerwhales Swimming Club	3:34.28
49.56	1:45.08	2:41.60	3:34.28
4 Fox, Harry	11	Killerwhales Swimming Club	3:34.31
50.14	1:45.64	2:41.43	3:34.31
5 Beardsell, Tommy J	11	Romford Town SC	3:35.94
49.90	1:46.15	2:41.58	3:35.94
6 Keep, Mitchell	11	Killerwhales Swimming Club	3:36.77
49.72	1:45.33	2:41.45	3:36.77
7 Walmsley, Ross	11	Killerwhales Swimming Club	3:40.31
49.91	1:45.08	2:39.34	3:40.31
8 Knight, Oliver P	11	Phoenix SC (Basildon)	3:41.00
50.49	1:46.62	2:41.44	3:41.00
9 Coles, Oliver	11	Romford Town SC	3:42.63
50.76	1:48.17	2:45.92	3:42.63
10 Holdbrook, Kieran	10	London Borough of Redbridge	3:43.60
52.01	1:48.88	2:47.15	3:43.60
11 Shim, Jordan	11	London Borough of Redbridge	3:45.17
52.12	1:49.77	2:48.37	3:45.17
12 Overbury, Conor	10	Runnymede S.C.	3:45.62
51.76	1:49.58	2:47.58	3:45.62
13 Bennett, Andrew	11	Killerwhales Swimming Club	3:47.18
51.81	1:52.08	2:50.82	3:47.18
14 Illing, Charlie	11	Killerwhales Swimming Club	3:49.74
51.65	1:50.51	2:50.56	3:49.74
15 Davis, Ben	11	Romford Town SC	3:49.86
51.43	1:51.34	2:51.14	3:49.86
16 O'Doherty, Dermot	10	Phoenix SC (Basildon)	3:59.47
55.99	1:57.10	2:59.00	3:59.47
17 Hayhow, Oliver	11	Borough of Waltham Forest	4:20.87
1:00.70	2:08.97	3:15.19	4:20.87
18 Stuart, Max	11	Romford Town SC	4:23.45
1:00.26	2:07.02	3:14.81	4:23.45
--- Yorwarth, Jamie	11	Canvey Island Swimming Club	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneous			
48.43	1:42.61	2:38.51	DQ
--- Okeshola, Tobi	11	Killerwhales Swimming Club	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneous			
48.22	1:42.61	2:36.52	DQ

Event 10 Boys 12-13 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Hart, Elliot	13	Runnymede S.C.	3:00.91
40.63	1:27.11	2:14.63	3:00.91
2 Robinson, Aiden	13	Killerwhales Swimming Club	3:01.22
40.66	1:25.81	2:13.66	3:01.22
3 Kelly, Samuel	13	London Borough of Redbridge	3:04.89
41.47	1:28.67	2:17.06	3:04.89
4 Scott, Fraser	12	London Borough of Redbridge	3:10.18
44.13	1:32.53	2:21.91	3:10.18

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 10 Boys 12-13 200 SC Meter Breaststroke)**

Name	Age	Team	Finals Time
5 Merchan, Alex	13	Killerwhales Swimming Club	3:10.86
43.69 1:32.94 2:22.29		3:10.86	
6 Alexander, Matthew	13	Killerwhales Swimming Club	3:15.78
46.05 1:35.98 2:25.44		3:15.78	
7 Truong, Stephen	13	London Borough of Redbridge	3:16.86
43.25 1:33.22 2:24.40		3:16.86	
8 Fox, Charlie	12	Killerwhales Swimming Club	3:19.98
46.34 1:37.60 2:28.90		3:19.98	
9 Brooks, Edward	13	Killerwhales Swimming Club	3:21.06
45.15 1:37.54 2:29.88		3:21.06	
10 Man, Kenneth	12	London Borough of Redbridge	3:22.01
45.44 1:37.54 2:30.15		3:22.01	
11 Cunnington, Bentley	12	Epping Forest District SC	3:26.08
46.21 1:39.48 2:34.09		3:26.08	
12 Lynch, Samuel	12	Phoenix SC (Basildon)	3:27.67
46.58 1:40.16 2:34.67		3:27.67	
13 Manning, William	12	Romford Town SC	3:28.01
47.39 1:41.46 2:35.42		3:28.01	
14 Pobi Da Silva, Malek	12	L B Newham	3:32.86
46.22 1:42.91 2:40.64		3:32.86	
15 Courtnell, Edward	13	Phoenix SC (Basildon)	3:36.84
49.47 1:45.78 2:42.03		3:36.84	

Event 10 Boys 14 & Over 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Smith, Ryan	17	London Borough of Redbridge	2:41.13
35.48 1:16.88 1:58.81		2:41.13	
2 Stamp, Joe	14	London Borough of Redbridge	2:46.65
37.11 1:19.35 2:02.73		2:46.65	
3 Crow, George	14	Killerwhales Swimming Club	2:52.61
38.38 1:22.31 2:07.64		2:52.61	
4 Skingsley, Tom	15	Killerwhales Swimming Club	2:52.77
36.89 1:20.37 2:06.67		2:52.77	
5 Bennett, David	15	Killerwhales Swimming Club	2:53.03
38.56 1:22.78 2:08.16		2:53.03	
6 Roome, James	14	Killerwhales Swimming Club	2:58.00
39.51 1:24.77 2:11.29		2:58.00	
7 Mullender, Christopher A	14	Phoenix SC (Basildon)	3:01.84
40.90 1:27.77 2:15.47		3:01.84	
8 Brown, Lawrence	14	London Borough of Redbridge	3:04.28
40.66 1:27.52 2:16.32		3:04.28	
9 Cassford, Freddy	14	Epping Forest District SC	3:07.65
41.24 1:30.95 2:20.40		3:07.65	
10 Benson, Thomas	14	Romford Town SC	3:08.86
42.04 1:30.79 2:21.25		3:08.86	
11 Hayhow, Joel	14	Borough of Waltham Forest	3:16.22
45.04 1:35.35 2:26.73		3:16.22	
12 Kearney, David	16	Leyton Swimming Club	3:18.42
41.89 1:31.35 2:25.19		3:18.42	
13 Williams, Aaron	14	Borough of Waltham Forest	3:33.64
46.77 1:42.45 2:39.71		3:33.64	

Event 11 Girls 9 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Cribb, Rebecca A	9	Romford Town SC	44.93
2 Milton, Georgia	9	Romford Town SC	45.12
3 Davis, Lucie	9	Killerwhales Swimming Club	45.95
4 Knight, Becky	9	Canvey Island Swimming Club	46.06

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 11 Girls 9 Year Olds 50 SC Meter Backstroke)**

Name	Age	Team	Finals Time
5 Persell, Jessica	9	London Borough of Redbridge	46.16
6 Hull, Jodie	9	Borough of Waltham Forest	48.05
7 Mascall, Sophie	9	London Borough of Redbridge	48.37
8 Marshall, Harriet	9	Borough of Southend SC	50.57
9 Wright, Zoe	9	London Borough of Redbridge	50.99
10 Ross, Sophie	9	London Borough of Redbridge	51.04
11 Gimbird, Charlotte	9	Romford Town SC	51.08
12 Gillard, Ruth	9	London Borough of Redbridge	53.08
13 Bo, Lorna	9	Romford Town SC	55.68
14 Garg, Vidhi	9	London Borough of Redbridge	56.25
15 Bennett, Joely	9	London Borough of Redbridge	59.02
--- Cochrane, Cayley	9	London Borough of Redbridge	DQ

6.4 Did not touch the wall during the turn

Event 11 Girls 10-11 50 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Hill, Abbie	11	Killerwhales Swimming Club	37.56
2 Harwood, Lucy	10	London Borough of Redbridge	38.20
3 Mitchell, Ellie	11	Runnymede S.C.	39.75
4 Corney, Erin	10	Romford Town SC	39.77
5 Thompson, Chloe	10	Romford Town SC	39.85
6 Foley, Sarah	11	Romford Town SC	40.69
7 Marshall, Abigail	11	Borough of Southend SC	40.79
8 Murphy, Lisa	11	Killerwhales Swimming Club	40.95
9 Davis, Ella	10	Killerwhales Swimming Club	42.16
10 Blackwell, Joanna	11	London Borough of Redbridge	42.71
11 Trott, Katie	10	Romford Town SC	43.07
12 Marshall, Abi C	11	Phoenix SC (Basildon)	43.11
13 Webber, Maddie	11	Romford Town SC	43.44
14 Witton, Megan M	10	Romford Town SC	44.15
15 Dearman-Tur, Hannah J	11	Romford Town SC	45.00
16 Nolan-Day, Daisy	10	Romford Town SC	45.09
17 Hagger, Briony	11	Killerwhales Swimming Club	45.48
18 Cooper, Megan	10	Canvey Island Swimming Club	45.82
19 Sandberg, Emma	11	Killerwhales Swimming Club	45.89
20 Karunakaran, Sankavee	10	London Borough of Redbridge	46.76
21 Bates, Maisie	10	Killerwhales Swimming Club	46.99
22 Robinson, Georgia	10	Killerwhales Swimming Club	47.26
23 Mace, Ella	11	London Borough of Redbridge	52.80
--- Palmer, Megan E	11	Phoenix SC (Basildon)	DQ

6.2 Left position on the back (other than to initiate a turn)

Event 12 Boys 9 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Jolly, Harvey	9	Phoenix SC (Basildon)	45.42
2 Kelly, Thomas	9	London Borough of Redbridge	48.93
3 Wilson, Billy	9	Romford Town SC	49.92
4 Joseph, Emanuel	9	Borough of Waltham Forest	52.43

Event 12 Boys 10-11 50 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Athientis, Theodore	11	London Borough of Redbridge	37.04
2 Metcalf, Charlie	11	Borough of Southend SC	37.68
3 Mascall, Toby	11	London Borough of Redbridge	38.59
4 Frost, Mitchell	11	Phoenix SC (Basildon)	38.68
5 Keep, Mitchell	11	Killerwhales Swimming Club	39.29

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 12 Boys 10-11 50 SC Meter Backstroke)**

Name	Age	Team	Finals Time
6 Cox, Jonathan	11	Killerwhales Swimming Club	40.31
7 Beardsell, Tommy J	11	Romford Town SC	40.41
8 Illing, Charlie	11	Killerwhales Swimming Club	40.64
9 Robinson, Daniel	11	Killerwhales Swimming Club	40.75
10 Lambert, Daniel	11	London Borough of Redbridge	40.82
11 Feddon, Edward	11	Borough of Southend SC	40.94
12 Yorwarth, Jamie	11	Canvey Island Swimming Club	41.44
13 Walmsley, Ross	11	Killerwhales Swimming Club	41.61
14 Kitchener, Joshua	11	Eltham Stingrays	42.34
15 Hutson, Ryan	11	London Borough of Redbridge	42.51
16 Deasy, Conor	11	Killerwhales Swimming Club	43.76
17 Overbury, Conor	10	Runnymede S.C.	44.17
18 Holdbrook, Kieran	10	London Borough of Redbridge	44.34
19 Bennett, Andrew	11	Killerwhales Swimming Club	44.56
20 Davis, Ben	11	Romford Town SC	44.65
21 Benson, Robert	10	Romford Town SC	45.01
22 Hayhow, Oliver	11	Borough of Waltham Forest	45.06
23 Amoroso, Niccolo	10	London Borough of Redbridge	45.27
24 Hayne, Joseph	10	London Borough of Redbridge	45.35
25 Harris, Luke J	10	Romford Town SC	45.43
26 Ackerman, Jonathan	10	Killerwhales Swimming Club	45.88
27 Jinks, George	11	London Borough of Redbridge	46.74
28 Stuart, Max	11	Romford Town SC	50.31
29 Patel, Rajiv	10	London Borough of Redbridge	52.84
30 Shergill, Amar	11	London Borough of Redbridge	53.39
--- Munro, Finlay J	11	Phoenix SC (Basildon)	DQ

6.2 Left position on the back (other than to initiate a turn)

Event 13 Girls 10-11 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Di Mascio, Alexandra	11	Eltham Stingrays	1:28.26
39.86 1:28.26			
2 Hill, Abbie	11	Killerwhales Swimming Club	1:28.71
42.65 1:28.71			
3 Campbell, Marie	11	London Borough of Redbridge	1:30.28
41.80 1:30.28			
4 Purcell, Ciara	11	London Borough of Redbridge	1:33.14
42.55 1:33.14			
5 Murphy, Lisa	11	Killerwhales Swimming Club	1:36.74
45.78 1:36.74			
6 Mitchell, Ellie	11	Runnymede S.C.	1:42.12
47.52 1:42.12			
7 Levine, Isabel	11	London Borough of Redbridge	1:46.22
48.32 1:46.22			
8 Robinson, Georgia	10	Killerwhales Swimming Club	1:46.71
49.35 1:46.71			

Event 13 Girls 12-13 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Hammond, Sarah	12	Amersham Swimming Club	1:09.64
32.50 1:09.64			
2 Whiffin, Katie	13	Epping Forest District SC	1:15.85
34.66 1:15.85			
3 Petinaud, Nya	13	London Borough of Redbridge	1:16.29
34.51 1:16.29			
4 Wright, Ellie	13	London Borough of Redbridge	1:16.33
34.90 1:16.33			

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 13 Girls 12-13 100 SC Meter Butterfly)**

Name	Age	Team	Finals Time
5 Mellor, Caroline R 37.06 1:16.95	13	Phoenix SC (Basildon)	1:16.95
6 Rooke, Danielle 35.72 1:18.53	13	Killerwhales Swimming Club	1:18.53
7 Kennedy, Mikaela 36.64 1:18.54	12	Killerwhales Swimming Club	1:18.54
8 Ellerby, Karis 36.21 1:19.41	12	Borough of Southend SC	1:19.41
9 Wingrove, Grace 38.21 1:22.96	12	London Borough of Redbridge	1:22.96
10 Amoroso, Sophia 38.71 1:23.37	13	London Borough of Redbridge	1:23.37
11 Jones, Megan 38.90 1:24.37	12	Basildon & District SC	1:24.37
12 Foster-Carter, Alexa 40.02 1:27.36	13	Borough of Southend SC	1:27.36
13 Golightly, Claire 40.73 1:28.59	12	London Borough of Redbridge	1:28.59
14 Graham, Esther 43.51 1:37.13	12	L B Newham	1:37.13

Event 13 Girls 14 & Over 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Lambert, Jessica 32.79 1:12.72	14	London Borough of Redbridge	1:12.72
2 Lucas, Sadie 35.11 1:15.71	14	London Borough of Redbridge	1:15.71
3 Kennedy, Liane 34.46 1:16.59	15	Killerwhales Swimming Club	1:16.59
4 Hammond, Sophie 35.70 1:19.24	15	L B Newham	1:19.24
5 Edge, Alexandra 38.33 1:21.28	14	Borough of Southend SC	1:21.28
6 Pullen, Zoe 37.68 1:22.50	14	Killerwhales Swimming Club	1:22.50
7 Smith, Demi 38.04 1:24.03	14	London Borough of Redbridge	1:24.03
8 Chuck, Charlotte 41.72 1:29.12	14	Romford Town SC	1:29.12
--- Rourke, Josephine 38.26 1:23.98	15	Phoenix SC (Basildon)	X1:23.98

Event 14 Boys 10-11 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Rourke, Patrick J 37.81 1:19.49	11	Phoenix SC (Basildon)	1:19.49
2 Goodwin, Kieran 38.27 1:23.09	11	Killerwhales Swimming Club	1:23.09
3 Cox, Jonathan 39.10 1:24.56	11	Killerwhales Swimming Club	1:24.56
4 Burcombe, Joshua A 39.46 1:28.47	11	Romford Town SC	1:28.47
5 Okeshola, Tobi 42.25 1:31.80	11	Killerwhales Swimming Club	1:31.80
6 Robinson, Daniel 41.72 1:32.33	11	Killerwhales Swimming Club	1:32.33
7 Weston, Thomas 43.25 1:33.70	11	Killerwhales Swimming Club	1:33.70

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 14 Boys 10-11 100 SC Meter Butterfly)**

Name	Age	Team	Finals Time
8 Shim, Jordan 42.40 1:33.90	11	London Borough of Redbridge	1:33.90
9 Hayhow, Oliver 45.29 1:36.85	11	Borough of Waltham Forest	1:36.85

Event 14 Boys 12-13 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Kearns, Connor 34.25 1:13.76	12	Killerwhales Swimming Club	1:13.76
2 Merchan, Alex 34.63 1:14.34	13	Killerwhales Swimming Club	1:14.34
3 Kelly, Samuel 35.70 1:16.69	13	London Borough of Redbridge	1:16.69
4 Sheridan, Luke 35.21 1:17.07	12	Romford Town SC	1:17.07
5 Cunnington, Bentley 37.63 1:19.18	12	Epping Forest District SC	1:19.18
6 Alexander, Matthew 36.42 1:19.73	13	Killerwhales Swimming Club	1:19.73
7 Brooks, Edward 38.06 1:20.96	13	Killerwhales Swimming Club	1:20.96
8 Farmer, Lee 38.36 1:21.87	13	Borough of Waltham Forest	1:21.87
9 Man, Kenneth 37.55 1:22.23	12	London Borough of Redbridge	1:22.23
10 Scott, Fraser 39.69 1:27.54	12	London Borough of Redbridge	1:27.54
11 Manning, William 40.29 1:28.26	12	Romford Town SC	1:28.26
12 Davis, Matthew 40.37 1:28.65	12	Runnymede S.C.	1:28.65
13 Courtnell, Edward 41.04 1:31.12	13	Phoenix SC (Basildon)	1:31.12
14 Woolf, Samuel 41.67 1:32.90	12	Borough of Southend SC	1:32.90
15 Ross, Ryan 42.52 1:35.17	13	Romford Town SC	1:35.17
16 Pobi Da Silva, Malek 42.91 1:35.63	12	L B Newham	1:35.63
--- Knight, George 31.86 1:08.77	13	Runnymede S.C.	X1:08.77

Event 14 Boys 14 & Over 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Brown, Lawrence 30.52 1:05.50	14	London Borough of Redbridge	1:05.50
2 Roome, James 30.63 1:05.73	14	Killerwhales Swimming Club	1:05.73
3 Bennett, David 30.72 1:06.95	15	Killerwhales Swimming Club	1:06.95
4 Cassford, Freddy 31.57 1:07.66	14	Epping Forest District SC	1:07.66
5 Worby, Jonathan 31.95 1:07.97	15	London Borough of Redbridge	1:07.97
6 Ward, David 31.88 1:08.60	17	Romford Town SC	1:08.60
7 Goodacre, Alex 32.49 1:08.69	15	Romford Town SC	1:08.69

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 14 Boys 14 & Over 100 SC Meter Butterfly)**

Name	Age	Team	Finals Time
8 Hammond, Jake 31.99 1:08.91	16	L B Newham	1:08.91
9 Crow, George 31.57 1:09.00	14	Killerwhales Swimming Club	1:09.00
10 Gillard, Adam 32.25 1:09.27	15	London Borough of Redbridge	1:09.27
11 Skingsley, Tom 31.88 1:09.42	15	Killerwhales Swimming Club	1:09.42
12 Foster, Joeseeph 32.05 1:10.02	14	L B Newham	1:10.02
13 Beadle, Tom 32.19 1:10.08	14	London Borough of Redbridge	1:10.08
14 Moate, Craig 32.60 1:10.55	24	London Borough of Redbridge	1:10.55
15 Head, Thomas P 32.46 1:11.06	14	Phoenix SC (Basildon)	1:11.06
16 Andrews, Toby 33.48 1:12.99	15	Killerwhales Swimming Club	1:12.99
17 Hayhow, Joel 34.38 1:13.55	14	Borough of Waltham Forest	1:13.55
18 Sparks, Sam 33.41 1:14.51	16	Killerwhales Swimming Club	1:14.51

Event 15 Girls 9 & Under 100 SC Meter IM

Name	Age	Team	Finals Time
1 Milton, Georgia 46.21 1:36.35	9	Romford Town SC	1:36.35
2 Persell, Jessica 50.04 1:38.29	9	London Borough of Redbridge	1:38.29
3 Davis, Lucie 50.77 1:40.63	9	Killerwhales Swimming Club	1:40.63
4 Cribb, Rebecca A 48.09 1:41.08	9	Romford Town SC	1:41.08
5 Mascall, Sophie 53.07 1:44.36	9	London Borough of Redbridge	1:41.87
6 Jones, Maisie 53.07 1:44.36	9	Basildon & District SC	1:44.36
7 Norris, Maddie 47.90 1:45.41	9	Canvey Island Swimming Club	1:45.41
8 Knight, Becky 46.20 1:46.16	9	Canvey Island Swimming Club	1:46.16
9 Harnetty, Ella 45.77 1:46.44	9	Borough of Southend SC	1:46.44
10 Gillard, Ruth 54.57 1:52.11	9	London Borough of Redbridge	1:52.11
11 Cochrane, Cayley 56.82 1:55.23	9	London Borough of Redbridge	1:55.23
12 Ross, Sophie 55.30 1:55.51	9	London Borough of Redbridge	1:55.51

Event 15 Girls 10-11 100 SC Meter IM

Name	Age	Team	Finals Time
1 Day, Dina 37.60 1:21.91	11	Runnymede S.C.	1:21.91
2 Priddle, Sophie 39.21 1:24.42	11	London Borough of Redbridge	1:24.42
3 Tomlinson, Stephanie 38.80 1:24.48	11	Romford Town SC	1:24.48

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 15 Girls 10-11 100 SC Meter IM)**

Name	Age	Team	Finals Time
4 Purcell, Ciara 42.48 1:25.00	11	London Borough of Redbridge	1:25.00
5 Harwood, Lucy 39.69 1:25.49	10	London Borough of Redbridge	1:25.49
6 Montana, Eloise 41.20 1:26.90	10	London Borough of Redbridge	1:26.90
7 Murphy, Lisa 42.11 1:27.71	11	Killerwhales Swimming Club	1:27.71
8 Hill, Abbie 38.48 1:27.73	11	Killerwhales Swimming Club	1:27.73
9 Thompson, Chloe 40.61 1:27.83	10	Romford Town SC	1:27.83
10 Marshall, Abigail 41.54 1:27.87	11	Borough of Southend SC	1:27.87
11 Campbell, Marie 39.34 1:28.06	11	London Borough of Redbridge	1:28.06
*12 Corney, Erin 39.89 1:28.48	10	Romford Town SC	1:28.48
*12 Drysdale, Alex 39.61 1:28.48	11	Phoenix SC (Basildon)	1:28.48
14 Trott, Katie 44.01 1:30.86	10	Romford Town SC	1:30.86
15 Webber, Maddie 43.29 1:32.06	11	Romford Town SC	1:32.06
16 Foley, Sarah 43.47 1:32.34	11	Romford Town SC	1:32.34
17 Levine, Isabel 44.41 1:32.75	11	London Borough of Redbridge	1:32.75
18 Witton, Megan M 44.78 1:33.73	10	Romford Town SC	1:33.73
*19 Hagger, Briony 45.64 1:34.67	11	Killerwhales Swimming Club	1:34.67
*19 Marshall, Abi C 42.74 1:34.67	11	Phoenix SC (Basildon)	1:34.67
21 Palmer, Megan E 45.87 1:34.89	11	Phoenix SC (Basildon)	1:34.89
22 Dearman-Tur, Hannah J 45.29 1:38.73	11	Romford Town SC	1:38.73
23 Blackwell, Joanna 48.04 1:38.84	11	London Borough of Redbridge	1:38.84
24 Nolan-Day, Daisy 48.17 1:40.63	10	Romford Town SC	1:40.63
25 Sandberg, Emma 47.09 1:40.74	11	Killerwhales Swimming Club	1:40.74
26 Cooper, Megan 48.61 1:41.73	10	Canvey Island Swimming Club	1:41.73
27 Robinson, Georgia 48.46 1:42.26	10	Killerwhales Swimming Club	1:42.26
28 Bates, Maisie 46.48 1:55.51	10	Killerwhales Swimming Club	1:55.51

Event 15 Girls 12-13 100 SC Meter IM

Name	Age	Team	Finals Time
1 Sparks, Molly 33.12 1:13.32	13	Killerwhales Swimming Club	1:13.32
2 Rooke, Danielle 34.90 1:14.90	13	Killerwhales Swimming Club	1:14.90

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 15 Girls 12-13 100 SC Meter IM)**

Name	Age	Team	Finals Time
3 Ellerby, Karis 36.46 1:17.43	12	Borough of Southend SC	1:17.43
4 Wright, Ellie 35.73 1:17.99	13	London Borough of Redbridge	1:17.99
5 Kennedy, Mikaela 36.76 1:18.37	12	Killerwhales Swimming Club	1:18.37
6 Mellor, Caroline R 36.30 1:18.38	13	Phoenix SC (Basildon)	1:18.38
7 Petinaud, Nya 35.67 1:18.99	13	London Borough of Redbridge	1:18.99
8 Wingrove, Grace 37.06 1:19.88	12	London Borough of Redbridge	1:19.88
9 West, Maisie K 35.53 1:20.09	13	Phoenix SC (Basildon)	1:20.09
10 Amoroso, Sophia 37.82 1:21.55	13	London Borough of Redbridge	1:21.55
11 Mitchell, Hayley 38.27 1:22.03	13	Runnymede S.C.	1:22.03
12 Golightly, Claire 39.42 1:22.28	12	London Borough of Redbridge	1:22.28
13 Purcell, Shannon 38.74 1:22.48	13	London Borough of Redbridge	1:22.48
14 Aston, Emma 39.66 1:24.38	13	Romford Town SC	1:24.38
15 Lindblom, Filippa 40.45 1:24.68	12	London Borough of Redbridge	1:24.68
16 Warner, Poppy V 39.14 1:25.22	13	Phoenix SC (Basildon)	1:25.22
17 Whyman, Rebecca 40.10 1:25.51	13	Killerwhales Swimming Club	1:25.51
18 Davis, Ellie 40.68 1:26.05	12	Killerwhales Swimming Club	1:26.05
19 Karunakaran, Mathuri 42.20 1:26.08	12	London Borough of Redbridge	1:26.08
20 Jones, Megan 40.13 1:26.11	12	Basildon & District SC	1:26.11
21 Munro, Jennifer M 40.25 1:26.70	12	Phoenix SC (Basildon)	1:26.70
22 Hawney, Emily 40.88 1:27.19	12	Basildon & District SC	1:27.19
23 Stratford, Claudia 41.25 1:27.85	12	Killerwhales Swimming Club	1:27.85
24 Rouse, Ellie 42.44 1:30.63	12	Killerwhales Swimming Club	1:30.63
25 Graham, Esther 44.26 1:34.11	12	L B Newham	1:34.11
--- Owen, Cydney 4.4 Start before starting signal - misc 40.74 DQ	12	Borough of Southend SC	DQ

Event 15 Girls 14 & Over 100 SC Meter IM

Name	Age	Team	Finals Time
1 Lambert, Jessica 32.22 1:12.36	14	London Borough of Redbridge	1:12.36
2 Packman, Hannah 34.42 1:15.90	16	Canvey Island Swimming Club	1:15.90
3 Fahey, Aimee A 35.37 1:16.76	14	Epping Forest District SC	1:16.76

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 15 Girls 14 & Over 100 SC Meter IM)**

Name	Age	Team	Finals Time
4 Kennedy, Liane 35.73 1:18.00	15	Killerwhales Swimming Club	1:18.00
5 Hartin, Charlotte 39.52 1:18.91	14	Runnymede S.C.	1:18.91
6 Smith, Demi 36.83 1:19.05	14	London Borough of Redbridge	1:19.05
7 Islam, Shara 37.83 1:19.08	14	Romford Town SC	1:19.08
8 Pullen, Nicole 38.53 1:20.73	15	Killerwhales Swimming Club	1:20.73
9 Hammond, Sophie 37.10 1:20.98	15	L B Newham	1:20.98
10 Dickson, Georgina R 37.37 1:21.31	18	Romford Town SC	1:21.31
11 Edge, Alexandra 38.67 1:21.94	14	Borough of Southend SC	1:21.94
12 Pullen, Zoe 38.92 1:22.71	14	Killerwhales Swimming Club	1:22.71
13 Hagger, Rebecca 40.71 1:25.84	14	Killerwhales Swimming Club	1:25.84
--- Zerrougui, Karima	14	Eltham Stingrays	X1:19.02
--- Rourke, Josephine 40.82 1:26.42	15	Phoenix SC (Basildon)	X1:26.42

Event 16 Boys 9 & Under 200 SC Meter IM

Name	Age	Team	Finals Time
1 Joseph, Emanuel 1:01.76 2:01.05 3:05.87 3:55.16	9	Borough of Waltham Forest	3:55.16
--- Wilson, Billy 6.4 Not on back when leaving the wall - back 1:08.16 2:05.20 3:21.49 DQ	9	Romford Town SC	DQ

Event 16 Boys 10-11 200 SC Meter IM

Name	Age	Team	Finals Time
1 Cox, Jonathan 39.78 1:27.62 2:26.04 3:04.63	11	Killerwhales Swimming Club	3:04.63
2 Keep, Mitchell 44.98 1:31.37 2:27.79 3:08.88	11	Killerwhales Swimming Club	3:08.88
3 Athientis, Theodore 45.86 1:31.95 2:30.08 3:10.52	11	London Borough of Redbridge	3:10.52
4 Knight, Oliver P 46.07 1:32.83 2:31.21 3:12.45	11	Phoenix SC (Basildon)	3:12.45
5 Coles, Oliver 43.92 1:33.79 2:31.71 3:13.87	11	Romford Town SC	3:13.87
6 Lambert, Daniel 50.42 1:39.20 2:36.37 3:17.82	11	London Borough of Redbridge	3:17.82
7 Hawney, Edward 49.11 1:39.41 2:36.72 3:18.34	10	Basildon & District SC	3:18.34
8 Shim, Jordan 45.00 1:36.56 2:34.20 3:22.21	11	London Borough of Redbridge	3:22.21
9 Holdbrook, Kieran 49.74 1:39.67 2:40.17 3:22.48	10	London Borough of Redbridge	3:22.48
10 Bennett, Andrew 47.40 1:39.29 2:42.18 3:25.20	11	Killerwhales Swimming Club	3:25.20
11 Amoroso, Niccolo 51.56 1:42.02 2:42.21 3:25.21	10	London Borough of Redbridge	3:25.21
12 Illing, Charlie 47.56 1:39.29 2:41.12 3:26.82	11	Killerwhales Swimming Club	3:26.82

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 16 Boys 10-11 200 SC Meter IM)**

Name	Age	Team	Finals Time
13 Hayhow, Oliver	11	Borough of Waltham Forest	3:31.62
46.99 1:41.51 2:45.38	3:31.62		
14 O'Doherty, Dermot	10	Phoenix SC (Basildon)	3:32.89
51.05 1:41.66 2:46.11	3:32.89		
--- Owen, Spencer	10	Borough of Southend SC	DQ
4.4 Start before starting signal - misc			
43.02 1:32.20 2:28.82	DQ		
--- Okeshola, Tobi	11	Killerwhales Swimming Club	DQ
6.2 Left position on the back (other than to initiate a turn) - back			
41.45 1:25.53 2:20.33	DQ		
--- Benson, Robert	10	Romford Town SC	DQ
8.3 Movements of the legs not simultaneous - fly			
59.06 1:48.22 2:53.26	DQ		
--- Walmsley, Ross	11	Killerwhales Swimming Club	DQ
8.2 Arms not brought forward over the water - fly			
49.65 1:37.61 2:32.16	DQ		
--- Beardsell, Tommy J	11	Romford Town SC	DQ
9.1 Incorrect individual stroke order (Fly, Back, Breast, Free) - IM			
46.95 1:36.04 2:31.65	DQ		
--- Weston, Thomas	11	Killerwhales Swimming Club	DQ
8.3 Movements of the legs not simultaneous - fly			
43.65 1:30.62 2:25.01	DQ		

Event 16 Boys 12-13 200 SC Meter IM

Name	Age	Team	Finals Time
1 Greenbaum, Mark	13	Borough of Southend SC	2:31.72
32.86 1:13.55 1:57.57	2:31.72		
2 Robinson, Aiden	13	Killerwhales Swimming Club	2:34.47
34.24 1:13.95 1:59.96	2:34.47		
3 Kelly, Samuel	13	London Borough of Redbridge	2:38.32
35.32 1:13.60 2:02.95	2:38.32		
4 Merchan, Alex	13	Killerwhales Swimming Club	2:43.54
35.57 1:18.27 2:06.97	2:43.54		
5 Fox, Charlie	12	Killerwhales Swimming Club	2:44.24
35.10 1:15.56 2:08.02	2:44.24		
6 Truong, Stephen	13	London Borough of Redbridge	2:46.15
35.08 1:17.24 2:07.29	2:46.15		
7 Allsop, Samuel	12	Romford Town SC	2:46.93
36.38 1:21.00 2:10.28	2:46.93		
8 Sheridan, Luke	12	Romford Town SC	2:47.52
37.99 1:21.66 2:11.28	2:47.52		
9 Alexander, Matthew	13	Killerwhales Swimming Club	2:49.14
37.41 1:19.11 2:10.81	2:49.14		
10 Brooks, Edward	13	Killerwhales Swimming Club	2:51.52
38.88 1:24.84 2:15.96	2:51.52		
11 Scott, Fraser	12	London Borough of Redbridge	2:52.70
39.75 1:24.90 2:13.94	2:52.70		
12 Davis, Matthew	12	Runnymede S.C.	2:53.71
39.82 1:23.78 2:15.29	2:53.71		
13 Harding, Todd	13	Canvey Island Swimming Club	3:01.41
41.68 1:27.00 2:20.85	3:01.41		
14 Farmer, Lee	13	Borough of Waltham Forest	3:01.92
39.30 1:24.32 2:22.98	3:01.92		
15 Lynch, Samuel	12	Phoenix SC (Basildon)	3:02.63
43.93 1:29.46 2:21.83	3:02.63		
16 Manning, William	12	Romford Town SC	3:09.15
41.35 1:28.45 2:27.24	3:09.15		

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 16 Boys 12-13 200 SC Meter IM)**

Name	Age	Team	Finals Time
17 Courtnell, Edward	13	Phoenix SC (Basildon)	3:10.53
43.51 1:28.97 2:26.10		3:10.53	
18 Hayhow, Jesse	12	Borough of Waltham Forest	3:20.47
47.22 1:38.72 2:36.84		3:20.47	
--- Knight, George	13	Runnymede S.C.	X2:35.18
32.36 1:11.86 2:01.54		2:35.18	
--- Brown, Morgan	12	London Borough of Redbridge	DQ
6.2 Left position on the back (other than to initiate a turn) - back			
39.41 1:24.14 2:17.25		DQ	
--- Man, Kenneth	12	London Borough of Redbridge	DQ
6.4 Not on back when leaving the wall - back			
36.73 1:19.24 2:12.60		DQ	
--- Woolf, Samuel	12	Borough of Southend SC	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneous - breast			
42.03 1:23.76 2:15.74		DQ	

Event 16 Boys 14 & Over 200 SC Meter IM

Name	Age	Team	Finals Time
1 Smith, Ryan	17	London Borough of Redbridge	2:23.82
30.28 1:08.41 1:50.60		2:23.82	
2 Skingsley, Tom	15	Killerwhales Swimming Club	2:28.21
31.23 1:08.86 1:53.11		2:28.21	
3 Gillard, Adam	15	London Borough of Redbridge	2:29.92
31.73 1:08.86 1:54.43		2:29.92	
4 Cassford, Freddy	14	Epping Forest District SC	2:30.40
31.91 1:10.34 1:57.90		2:30.40	
5 Worby, Jonathan	15	London Borough of Redbridge	2:31.03
32.38 1:11.83 1:57.75		2:31.03	
6 Foster, Joeseeph	14	L B Newham	2:31.16
32.19 1:10.29 1:56.45		2:31.16	
7 Andrews, Toby	15	Killerwhales Swimming Club	2:36.38
33.76 1:13.53 2:02.41		2:36.38	
8 Beadle, Tom	14	London Borough of Redbridge	2:36.48
32.94 1:12.89 2:02.42		2:36.48	
9 Benson, Thomas	14	Romford Town SC	2:36.88
33.62 1:13.39 2:01.05		2:36.88	
10 Hammond, Jake	16	L B Newham	2:37.95
31.99 1:13.00 2:01.22		2:37.95	
11 Bushell, John	16	Canvey Island Swimming Club	2:38.55
33.40 1:14.22 2:03.40		2:38.55	
12 Sparks, Sam	16	Killerwhales Swimming Club	2:39.29
33.62 1:13.80 2:02.54		2:39.29	
13 Head, Thomas P	14	Phoenix SC (Basildon)	2:42.22
33.63 1:14.46 2:04.55		2:42.22	
14 Mullender, Christopher A	14	Phoenix SC (Basildon)	2:45.19
37.57 1:20.54 2:07.60		2:45.19	
15 Hayhow, Joel	14	Borough of Waltham Forest	2:50.63
36.13 1:22.07 2:14.72		2:50.63	
16 Harnetty, George	14	Borough of Southend SC	2:57.99
38.12 1:23.20 2:19.10		2:57.99	
17 Kearney, David	16	Leyton Swimming Club	3:04.48
38.24 1:27.25 2:21.35		3:04.48	
--- Bennett, David	15	Killerwhales Swimming Club	X2:30.62
30.86 1:09.38 1:55.36		2:30.62	

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****Event 17 Girls 9 & Under 200 SC Meter Backstroke**

Name	Age	Team	Finals Time
1 Kearns, Zoe	9	Killerwhales Swimming Club	3:11.31
45.65 1:34.74 2:23.90	3:11.31		
2 Milton, Georgia	9	Romford Town SC	3:22.54
46.64 1:37.67 2:30.86	3:22.54		
3 Harnetty, Ella	9	Borough of Southend SC	3:46.00
50.45 1:49.46 2:50.41	3:46.00		
4 Marshall, Harriet	9	Borough of Southend SC	3:47.89
52.25 1:51.20 2:50.66	3:47.89		
--- Roberts, Nikita	9	London Borough of Redbridge	X3:20.59
46.56 1:37.49 2:29.39	3:20.59		
--- Cribb, Rebecca A	9	Romford Town SC	DQ
6.2 Left position on the back (other than to initiate a turn)			
46.45 1:39.98 2:33.93	DQ		
--- Peddle, Amelia	9	Epping Forest District SC	DQ
6.2 Left position on the back (other than to initiate a turn)			
41.66 1:28.18 2:15.66	DQ		

Event 17 Girls 10-11 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Priddle, Sophie	11	London Borough of Redbridge	2:54.44
41.36 1:25.59 2:10.79	2:54.44		
2 Montana, Eloise	10	London Borough of Redbridge	2:55.51
41.04 1:26.57 2:12.58	2:55.51		
3 Tomlinson, Stephanie	11	Romford Town SC	2:55.56
40.01 1:25.04 2:10.65	2:55.56		
4 Marren, Amy	11	Romford Town SC	2:55.57
41.54 1:26.31 2:11.75	2:55.57		
5 Drysdale, Alex	11	Phoenix SC (Basildon)	2:57.23
40.77 1:27.26 2:13.35	2:57.23		
6 Kenny, Sophie	11	Epping Forest District SC	2:57.71
41.04 1:27.50 2:14.00	2:57.71		
7 Murphy, Lisa	11	Killerwhales Swimming Club	2:58.66
41.60 1:27.75 2:14.44	2:58.66		
8 Binning, Hannah	10	Romford Town SC	2:59.15
41.97 1:27.87 2:15.15	2:59.15		
9 Campbell, Marie	11	London Borough of Redbridge	2:59.35
42.73 1:30.31 2:17.48	2:59.35		
10 Foley, Sarah	11	Romford Town SC	3:01.18
42.35 1:28.51 2:15.55	3:01.18		
11 Harris, Ellie	11	Romford Town SC	3:03.39
44.92 1:32.35 2:18.44	3:03.39		
12 Tippett, Kiera	11	Runnymede S.C.	3:04.58
42.90 1:29.51 2:17.92	3:04.58		
13 Corney, Erin	10	Romford Town SC	3:05.95
43.26 1:31.98 2:20.18	3:05.95		
14 Thompson, Chloe	10	Romford Town SC	3:06.55
41.86 1:28.34 2:19.05	3:06.55		
15 Dearman-Tur, Hannah J	11	Romford Town SC	3:15.23
46.32 1:35.93 2:24.99	3:15.23		
16 Sandberg, Emma	11	Killerwhales Swimming Club	3:16.22
45.57 1:36.34 2:26.62	3:16.22		
17 Witton, Megan M	10	Romford Town SC	3:17.72
46.70 1:37.91 2:28.83	3:17.72		
18 Trott, Katie	10	Romford Town SC	3:19.54
47.28 1:37.86 2:30.10	3:19.54		
19 Davis, Ella	10	Killerwhales Swimming Club	3:21.08
43.13 1:35.19 2:29.12	3:21.08		

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 17 Girls 10-11 200 SC Meter Backstroke)**

Name	Age	Team	Finals Time
20 Karunakaran, Sankavee	10	London Borough of Redbridge	3:25.45
48.15 1:40.75 2:33.66 3:25.45			
--- Hill, Abbie	11	Killerwhales Swimming Club	DQ
10.2 A swimmer did not cover the whole distance – DNF			
--- Purcell, Ciara	11	London Borough of Redbridge	DQ
6.2 Left position on the back (other than to initiate a turn)			
43.67 1:30.29 2:19.37 DQ			

Event 17 Girls 12-13 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Whiffin, Katie	13	Epping Forest District SC	2:37.06
35.24 1:14.63 1:56.11 2:37.06			
2 Harris, Amy	12	Romford Town SC	2:38.33
37.77 1:17.66 1:58.14 2:38.33			
3 Mellor, Caroline R	13	Phoenix SC (Basildon)	2:39.36
37.76 1:17.69 1:58.55 2:39.36			
4 Wingrove, Grace	12	London Borough of Redbridge	2:39.41
36.73 1:17.21 1:58.39 2:39.41			
5 Lane, Emily	13	Maldon Sharks	2:40.83
38.57 1:19.42 2:00.78 2:40.83			
6 Amoroso, Sophia	13	London Borough of Redbridge	2:42.01
37.40 1:17.94 2:00.90 2:42.01			
7 Mann, Lily T	13	Phoenix SC (Basildon)	2:43.86
39.37 1:20.58 2:02.43 2:43.86			
8 Mitchell, Hayley	13	Runnymede S.C.	2:44.43
38.78 1:20.53 2:02.86 2:44.43			
9 Wright, Ellie	13	London Borough of Redbridge	2:45.68
37.59 1:18.88 2:02.12 2:45.68			
10 Ward, Chloe-Annabelle	13	Epping Forest District SC	2:47.05
39.27 1:21.83 2:05.22 2:47.05			
11 Kennedy, Mikaela	12	Killerwhales Swimming Club	2:47.14
38.60 1:21.36 2:05.22 2:47.14			
12 Golightly, Claire	12	London Borough of Redbridge	2:47.72
39.63 1:22.09 2:05.50 2:47.72			
13 Neil, Emma L	13	Epping Forest District SC	2:48.77
39.69 1:23.35 2:06.77 2:48.77			
14 Gillespie, Hannah F	12	Epping Forest District SC	2:50.42
40.69 1:23.75 2:07.63 2:50.42			
15 Kear, Chelsea	12	Clacton Swimming Club	2:54.43
40.98 1:24.95 2:10.36 2:54.43			
16 Karunakaran, Mathuri	12	London Borough of Redbridge	2:55.27
41.08 1:25.95 2:11.98 2:55.27			
17 Lindblom, Filippa	12	London Borough of Redbridge	2:57.06
41.97 1:27.66 2:14.18 2:57.06			
18 Jerome, Molly H	12	Phoenix SC (Basildon)	2:59.07
39.02 1:23.85 2:12.72 2:59.07			
19 Levy, Deana	12	Epping Forest District SC	3:15.19
43.31 1:33.08 2:23.95 3:15.19			
--- Fehily, Kirstie	12	Canvey Island Swimming Club	X2:33.03
35.66 1:13.97 1:53.93 2:33.03			
--- West, Maisie K	13	Phoenix SC (Basildon)	X2:39.07
35.95 1:15.05 1:57.98 2:39.07			
--- Foster-Carter, Alexa	13	Borough of Southend SC	X3:03.94
42.84 1:29.99 2:17.70 3:03.94			
--- Petinaud, Nya	13	London Borough of Redbridge	DQ
6.2 Left position on the back (other than to initiate a turn)			
38.73 1:22.67 2:08.38 DQ			

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 17 Girls 12-13 200 SC Meter Backstroke)**

Name	Age	Team	Finals Time
--- Zossimova, Ekaterina	13	L B Newham	DQ
6.2 Left position on the back (other than to initiate a turn)			
39.56	1:23.00	2:09.17	DQ

Event 17 Girls 14 & Over 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Packman, Hannah	16	Canvey Island Swimming Club	2:39.14
38.59	1:19.89	2:01.10	2:39.14
2 Braybrooke, Julia	23	Killerwhales Swimming Club	2:41.96
37.16	1:17.95	1:59.79	2:41.96
3 Smith, Demi	14	London Borough of Redbridge	2:43.73
37.26	1:18.15	2:01.80	2:43.73
4 Andrews, Emma	15	L B Newham	2:46.31
38.19	1:19.62	2:03.11	2:46.31
5 Edge, Alexandra	14	Borough of Southend SC	2:50.62
39.74	1:23.10	2:08.39	2:50.62
6 Pullen, Nicole	15	Killerwhales Swimming Club	2:52.77
39.91	1:23.75	2:09.01	2:52.77
7 Pullen, Zoe	14	Killerwhales Swimming Club	3:02.74
42.90	1:29.88	2:17.47	3:02.74
--- Kennedy, Liane	15	Killerwhales Swimming Club	DQ
6.2 Left position on the back (other than to initiate a turn)			
38.30	1:20.09	2:02.80	DQ

Event 18 Boys 9 & Under 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Taylor, Harry	9	Romford Town SC	3:19.80
46.61	1:37.21	2:29.50	3:19.80
2 Joseph, Emanuel	9	Borough of Waltham Forest	3:40.50
1:50.55	2:48.47	3:40.50	3:40.50
--- Smith, Jacob	9	Romford Town SC	DQ
6.2 Left position on the back (other than to initiate a turn)			
46.78	1:40.04	2:32.36	DQ

Event 18 Boys 10-11 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Keep, Mitchell	11	Killerwhales Swimming Club	2:55.68
41.59	1:26.96	2:12.86	2:55.68
2 Okeshola, Tobi	11	Killerwhales Swimming Club	2:56.75
42.86	1:28.49	2:14.68	2:56.75
3 Weston, Thomas	11	Killerwhales Swimming Club	2:56.90
41.87	1:27.08	2:13.59	2:56.90
4 Wilson, Mitchell	10	Romford Town SC	2:59.91
42.11	1:28.33	2:15.33	2:59.91
5 Beardsell, Tommy J	11	Romford Town SC	3:00.53
44.06	1:31.75	2:18.41	3:00.53
6 Walmsley, Ross	11	Killerwhales Swimming Club	3:00.62
41.82	1:28.81	2:15.89	3:00.62
7 Frost, Mitchell	11	Phoenix SC (Basildon)	3:02.86
41.99	1:28.75	2:17.56	3:02.86
8 Jackson, Aiden	10	Romford Town SC	3:06.01
43.46	1:31.02	2:19.12	3:06.01
9 Robinson, Tommy L	11	Phoenix SC (Basildon)	3:06.60
44.79	1:32.64	2:21.31	3:06.60
10 Feddon, Edward	11	Borough of Southend SC	3:07.13
44.23	1:30.95	2:19.05	3:07.13
11 Holdbrook, Kieran	10	London Borough of Redbridge	3:07.65
45.52	1:33.63	2:21.69	3:07.65

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 18 Boys 10-11 200 SC Meter Backstroke)**

Name	Age	Team	Finals Time
12 Coles, Oliver	11	Romford Town SC	3:11.30
45.12 1:33.49 2:23.29	3:11.30		
13 O'Doherty, Dermot	10	Phoenix SC (Basildon)	3:13.27
46.20 1:35.83 2:25.70	3:13.27		
14 Bennett, Andrew	11	Killerwhales Swimming Club	3:14.84
45.55 1:36.07 2:25.13	3:14.84		
15 Benson, Robert	10	Romford Town SC	3:16.12
47.70 1:37.34 2:26.86	3:16.12		
16 Harris, Luke J	10	Romford Town SC	3:20.48
48.68 1:39.39 2:30.32	3:20.48		
17 Davis, Ben	11	Romford Town SC	3:24.71
47.92 1:41.43 2:34.47	3:24.71		
18 Bath, Oliver	10	Romford Town SC	3:30.83
48.91 1:45.30 2:38.76	3:30.83		
--- Rourke, Patrick J	11	Phoenix SC (Basildon)	X2:41.56
37.25 1:18.36 1:59.85	2:41.56		
--- Knight, Oliver P	11	Phoenix SC (Basildon)	X3:02.29
42.17 1:29.54 2:16.65	3:02.29		
--- Cox, Jonathan	11	Killerwhales Swimming Club	DQ
6.2 Left position on the back (other than to initiate a turn)			
41.46 1:27.64 2:13.23	DQ		
--- Drury, Alex	10	Romford Town SC	DQ
6.2 Left position on the back (other than to initiate a turn)			
46.01 1:38.28 2:29.80	DQ		

Event 18 Boys 12-13 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Fox, Charlie	12	Killerwhales Swimming Club	2:33.18
35.58 1:14.32 1:53.96	2:33.18		
2 Knight, George	13	Runnymede S.C.	2:33.71
36.71 1:15.06 1:54.54	2:33.71		
3 Kearns, Connor	12	Killerwhales Swimming Club	2:35.88
35.73 1:15.03 1:55.88	2:35.88		
4 Robinson, Aiden	13	Killerwhales Swimming Club	2:37.07
35.69 1:14.75 1:55.72	2:37.07		
5 Merchan, Alex	13	Killerwhales Swimming Club	2:39.79
37.08 1:18.17 1:59.74	2:39.79		
6 Alexander, Matthew	13	Killerwhales Swimming Club	2:41.66
37.48 1:19.08 2:00.55	2:41.66		
7 McGuirk, Frank	12	London Borough of Redbridge	2:42.34
38.48 1:20.06 2:02.06	2:42.34		
8 Sheridan, Luke	12	Romford Town SC	2:43.19
38.91 1:20.45 2:02.96	2:43.19		
9 Man, Kenneth	12	London Borough of Redbridge	2:44.07
37.06 1:18.58 2:02.27	2:44.07		
10 Davis, Matthew	12	Runnymede S.C.	2:46.43
40.09 1:22.72 2:05.40	2:46.43		
11 Truong, Stephen	13	London Borough of Redbridge	2:47.88
38.79 1:21.51 2:05.30	2:47.88		
12 Hare, David	13	Borough of Waltham Forest	2:48.64
39.78 1:22.51 2:05.81	2:48.64		
13 Brown, Morgan	12	London Borough of Redbridge	2:48.66
39.75 1:23.06 2:06.91	2:48.66		
14 Brooks, Edward	13	Killerwhales Swimming Club	2:50.64
39.60 1:23.22 2:07.32	2:50.64		
15 Farmer, Lee	13	Borough of Waltham Forest	2:51.60
40.25 1:24.05 2:09.13	2:51.60		

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 18 Boys 12-13 200 SC Meter Backstroke)**

Name	Age	Team	Finals Time
16 Allsop, Samuel	12	Romford Town SC	2:52.64
40.21 1:24.10 2:08.90	2:52.64		
17 Harding, Todd	13	Canvey Island Swimming Club	2:55.01
39.44 1:24.28 2:10.66	2:55.01		
18 Manning, William	12	Romford Town SC	2:55.33
40.46 1:24.78 2:10.47	2:55.33		
19 Toolis, Jonathan	12	Romford Town SC	2:58.79
42.22 1:29.32 2:15.00	2:58.79		
20 Lynch, Samuel	12	Phoenix SC (Basildon)	3:00.30
43.36 1:30.67 2:17.54	3:00.30		
21 Serwacki, Wojciech	12	Epping Forest District SC	3:03.48
42.08 1:29.26 2:17.49	3:03.48		
22 Grey, Nathan	12	Killerwhales Swimming Club	3:07.79
43.21 1:30.22 2:20.56	3:07.79		
--- Lee, Daniel	13	Canvey Island Swimming Club	DQ
6.2 Left position on the back (other than to initiate a turn)			
38.50 1:18.48 1:59.83	DQ		
--- Brown, Harvey T	13	Phoenix SC (Basildon)	XDQ
6.2 Left position on the back (other than to initiate a turn)			
33.92 1:13.01 1:55.38	DQ		
--- Woolf, Samuel	12	Borough of Southend SC	DQ
6.2 Left position on the back (other than to initiate a turn)			
37.17 1:17.68 1:59.35	DQ		

Event 18 Boys 14 & Over 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Roome, James	14	Killerwhales Swimming Club	2:20.45
33.57 1:09.20 1:45.29	2:20.45		
2 Bennett, David	15	Killerwhales Swimming Club	2:21.72
32.66 1:08.41 1:44.99	2:21.72		
3 Gillard, Adam	15	London Borough of Redbridge	2:22.57
33.17 1:08.68 1:45.39	2:22.57		
4 Thomas, Hayden	14	Epping Forest District SC	2:26.11
34.33 1:11.28 1:48.62	2:26.11		
5 Skingsley, Tom	15	Killerwhales Swimming Club	2:29.36
34.26 1:12.53 1:52.18	2:29.36		
6 Worby, Jonathan	15	London Borough of Redbridge	2:30.11
36.01 1:14.06 1:52.36	2:30.11		
7 Cassford, Freddy	14	Epping Forest District SC	2:30.12
34.60 1:12.72 1:51.81	2:30.12		
8 Foster, Joeseeph	14	L B Newham	2:30.19
34.50 1:12.69 1:52.64	2:30.19		
9 Gordon, Joe	19	L B Newham	2:31.49
33.97 1:12.58 1:52.33	2:31.49		
10 Head, Thomas P	14	Phoenix SC (Basildon)	2:33.28
35.43 1:13.58 1:53.62	2:33.28		
11 Benson, Thomas	14	Romford Town SC	2:37.10
36.71 1:16.23 1:57.59	2:37.10		
12 Moate, Craig	24	London Borough of Redbridge	2:39.39
37.92 1:17.71 1:58.46	2:39.39		
13 Gordon, Charlie	15	L B Newham	2:42.99
38.83 1:21.06 2:03.40	2:42.99		

Event 19 Girls 9 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Milton, Georgia	9	Romford Town SC	36.88
2 Davis, Lucie	9	Killerwhales Swimming Club	38.56
3 Persell, Jessica	9	London Borough of Redbridge	39.66

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 19 Girls 9 Year Olds 50 SC Meter Freestyle)**

Name	Age	Team	Finals Time
4 Cribb, Rebecca A	9	Romford Town SC	40.63
5 Ross, Sophie	9	London Borough of Redbridge	41.24
6 Harnetty, Ella	9	Borough of Southend SC	41.51
7 Gillard, Ruth	9	London Borough of Redbridge	42.07
8 Mascall, Sophie	9	London Borough of Redbridge	42.50
9 Stein, Sheila	9	Killerwhales Swimming Club	43.42
10 Cochrane, Cayley	9	London Borough of Redbridge	43.52
11 Wright, Zoe	9	London Borough of Redbridge	45.55
12 Bo, Lorna	9	Romford Town SC	45.98
13 Marshall, Harriet	9	Borough of Southend SC	46.10
14 Garg, Vidhi	9	London Borough of Redbridge	46.32
15 Bennett, Joely	9	London Borough of Redbridge	47.50

Event 19 Girls 10-11 50 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Tippett, Kiera	11	Runnymede S.C.	33.41
2 Marshall, Abigail	11	Borough of Southend SC	33.63
3 Thompson, Chloe	10	Romford Town SC	33.73
4 Hill, Abbie	11	Killerwhales Swimming Club	33.76
5 Walker, Jemima J	11	Phoenix SC (Basildon)	35.07
6 Corney, Erin	10	Romford Town SC	35.67
7 Foley, Sarah	11	Romford Town SC	35.96
8 Trott, Katie	10	Romford Town SC	36.22
9 Webber, Maddie	11	Romford Town SC	36.52
10 Gras, Aimee	10	Borough of Southend SC	36.83
11 Dearman-Tur, Hannah J	11	Romford Town SC	38.14
12 Bates, Maisie	10	Killerwhales Swimming Club	38.94
13 Cooper, Megan	10	Canvey Island Swimming Club	39.02
14 Nolan-Day, Daisy	10	Romford Town SC	39.11
15 Robinson, Georgia	10	Killerwhales Swimming Club	39.12
16 Witton, Megan M	10	Romford Town SC	39.28
17 Rourke, Evie P	10	Phoenix SC (Basildon)	40.18
18 Sandberg, Emma	11	Killerwhales Swimming Club	40.39
19 Karunakaran, Sankavee	10	London Borough of Redbridge	40.53
20 Davis, Ella	10	Killerwhales Swimming Club	41.04
21 Harding, Carys	10	Canvey Island Swimming Club	42.61
22 Mace, Ella	11	London Borough of Redbridge	45.72
--- Tomlinson, Stephanie	11	Romford Town SC	X32.56
--- Palmer, Megan E	11	Phoenix SC (Basildon)	DQ
4.4 Start before starting signal			
--- Hagger, Briony	11	Killerwhales Swimming Club	DQ
4.4 Start before starting signal			

Event 20 Boys 9 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Taylor, Harry	9	Romford Town SC	37.57
2 Kelly, Thomas	9	London Borough of Redbridge	41.06
3 Jacobs Holden, Akil	9	London Borough of Redbridge	41.42
4 Joseph, Emanuel	9	Borough of Waltham Forest	44.56
5 Smith, Jacob	9	Romford Town SC	51.58

Event 20 Boys 10-11 50 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Beardsell, Tommy J	11	Romford Town SC	32.59
2 Okeshola, Tobi	11	Killerwhales Swimming Club	32.99
3 Cox, Jonathan	11	Killerwhales Swimming Club	33.54

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 20 Boys 10-11 50 SC Meter Freestyle)**

Name	Age	Team	Finals Time
4 Feddon, Edward	11	Borough of Southend SC	33.83
5 Keep, Mitchell	11	Killerwhales Swimming Club	34.23
6 Weston, Thomas	11	Killerwhales Swimming Club	34.48
7 Davis, Ben	11	Romford Town SC	34.64
8 Walmsley, Ross	11	Killerwhales Swimming Club	35.25
9 Holdbrook, Kieran	10	London Borough of Redbridge	35.38
10 Illing, Charlie	11	Killerwhales Swimming Club	35.51
11 Frost, Mitchell	11	Phoenix SC (Basildon)	35.64
12 Coles, Oliver	11	Romford Town SC	35.95
13 Drury, Alex	10	Romford Town SC	36.13
14 Shim, Jordan	11	London Borough of Redbridge	36.77
15 Amoroso, Niccolo	10	London Borough of Redbridge	36.92
16 Bennett, Andrew	11	Killerwhales Swimming Club	37.31
17 Benson, Robert	10	Romford Town SC	37.42
18 Bath, Oliver	10	Romford Town SC	37.86
19 Hutson, Ryan	11	London Borough of Redbridge	38.04
20 Ackerman, Jonathan	10	Killerwhales Swimming Club	38.13
21 Harris, Luke J	10	Romford Town SC	38.77
22 Hayne, Joseph	10	London Borough of Redbridge	39.26
23 Dugbo, Kassim	10	Eltham Stingrays	40.21
24 Jinks, George	11	London Borough of Redbridge	40.68
25 Deasy, Conor	11	Killerwhales Swimming Club	40.71
26 Patel, Rajiv	10	London Borough of Redbridge	42.53
27 Shergill, Amar	11	London Borough of Redbridge	44.75

Event 21 Girls 10-11 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Purcell, Ciara	11	London Borough of Redbridge	1:31.59
42.91 1:31.59			
2 Priddle, Sophie	11	London Borough of Redbridge	1:39.42
46.11 1:39.42			
3 Murphy, Lisa	11	Killerwhales Swimming Club	1:40.54
49.13 1:40.54			
4 Hagger, Briony	11	Killerwhales Swimming Club	1:40.96
48.70 1:40.96			
5 Marshall, Abigayle	11	Borough of Southend SC	1:43.87
50.05 1:43.87			
6 Walker, Jemima J	11	Phoenix SC (Basildon)	1:44.92
50.27 1:44.92			
7 Montana, Eloise	10	London Borough of Redbridge	1:45.09
50.74 1:45.09			
8 Drysdale, Alex	11	Phoenix SC (Basildon)	1:46.50
49.49 1:46.50			
9 Harwood, Lucy	10	London Borough of Redbridge	1:47.86
51.66 1:47.86			
10 Harding, Carys	10	Canvey Island Swimming Club	1:54.61
53.88 1:54.61			
11 Campbell, Marie	11	London Borough of Redbridge	1:57.60
56.39 1:57.60			
--- Webber, Maddie	11	Romford Town SC	X1:44.69
50.16 1:44.69			

Event 21 Girls 12-13 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Harris, Amy	12	Romford Town SC	1:26.26
41.05 1:26.26			

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 21 Girls 12-13 100 SC Meter Breaststroke)**

	Name	Age	Team	Finals Time
2	Wingrove, Grace 42.03 1:28.69	12	London Borough of Redbridge	1:28.69
3	Rooke, Danielle 42.12 1:29.52	13	Killerwhales Swimming Club	1:29.52
4	Kennedy, Mikaela 43.18 1:30.56	12	Killerwhales Swimming Club	1:30.56
5	Golightly, Claire 43.44 1:30.77	12	London Borough of Redbridge	1:30.77
6	Mellor, Caroline R 44.19 1:32.09	13	Phoenix SC (Basildon)	1:32.09
7	Amoroso, Sophia 44.33 1:32.11	13	London Borough of Redbridge	1:32.11
8	Purcell, Shannon 44.74 1:32.69	13	London Borough of Redbridge	1:32.69
9	Wright, Ellie 44.33 1:33.62	13	London Borough of Redbridge	1:33.62
10	Aston, Emma 44.43 1:34.07	13	Romford Town SC	1:34.07
11	Karunakaran, Mathuri 43.86 1:34.10	12	London Borough of Redbridge	1:34.10
12	Smith, Anne-Marie 46.02 1:34.23	13	Romford Town SC	1:34.23
13	Davis, Ellie 44.28 1:34.31	12	Killerwhales Swimming Club	1:34.31
14	Whyman, Rebecca 45.62 1:35.50	13	Killerwhales Swimming Club	1:35.50
15	Foster-Carter, Alexa 45.00 1:35.55	13	Borough of Southend SC	1:35.55
16	Ward, Chloe-Annabelle 45.08 1:36.01	13	Epping Forest District SC	1:36.01
17	Mitchell, Hayley 44.78 1:36.05	13	Runnymede S.C.	1:36.05
18	West, Maisie K 46.11 1:36.94	13	Phoenix SC (Basildon)	1:36.94
19	Martin, Rebecca L 48.01 1:40.56	13	Romford Town SC	1:40.56
20	Owen, Cydney 48.38 1:41.13	12	Borough of Southend SC	1:41.13
21	Rouse, Ellie 47.67 1:41.20	12	Killerwhales Swimming Club	1:41.20
22	Levy, Deana 46.61 1:41.95	12	Epping Forest District SC	1:41.95
23	Stratford, Claudia 49.22 1:45.70	12	Killerwhales Swimming Club	1:45.70
---	Dietz, Emily 7.4 Head did not break surface before hands turn inward at widest point in 2nd stroke after 48.83 DQ	12	Romford Town SC	DQ

Event 21 Girls 14 & Over 100 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Merchan, Katinka 38.98 1:23.20	17	Killerwhales Swimming Club	1:23.20
2	Braybrooke, Julia 39.68 1:24.18	23	Killerwhales Swimming Club	1:24.18
3	Lambert, Jessica 39.93 1:25.32	14	London Borough of Redbridge	1:25.32
4	Smith, Demi 40.47 1:26.41	14	London Borough of Redbridge	1:26.41

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 21 Girls 14 & Over 100 SC Meter Breaststroke)**

Name	Age	Team	Finals Time
5 Tam, Kaying 40.69 1:28.99	14	Canvey Island Swimming Club	1:28.99
6 Islam, Shara 41.96 1:29.25	14	Romford Town SC	1:29.25
7 Gillespie, Ellen J 41.79 1:29.29	14	Epping Forest District SC	1:29.29
8 Lucas, Sadie 41.79 1:29.65	14	London Borough of Redbridge	1:29.65
9 Andrews, Emma 42.10 1:29.91	15	L B Newham	1:29.91
10 Dickson, Georgina R 42.74 1:30.48	18	Romford Town SC	1:30.48
11 Fahey, Aimee A 42.68 1:31.47	14	Epping Forest District SC	1:31.47
12 Pullen, Nicole 43.17 1:31.57	15	Killerwhales Swimming Club	1:31.57
13 Edge, Alexandra 45.48 1:34.66	14	Borough of Southend SC	1:34.66
14 Hagger, Rebecca 45.90 1:36.58	14	Killerwhales Swimming Club	1:36.58
15 Porter, Georgia 46.23 1:38.52	14	Killerwhales Swimming Club	1:38.52
16 Pullen, Zoe 46.51 1:39.12	14	Killerwhales Swimming Club	1:39.12

Event 22 Boys 10-11 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Goodwin, Kieran 46.43 1:37.53	11	Killerwhales Swimming Club	1:37.53
2 Okeshola, Tobi 46.94 1:38.66	11	Killerwhales Swimming Club	1:38.66
3 Weston, Thomas 48.59 1:41.45	11	Killerwhales Swimming Club	1:41.45
4 Fox, Harry 48.65 1:42.17	11	Killerwhales Swimming Club	1:42.17
5 Walmsley, Ross 48.67 1:42.38	11	Killerwhales Swimming Club	1:42.38
6 Keep, Mitchell 48.93 1:42.41	11	Killerwhales Swimming Club	1:42.41
7 Shim, Jordan 48.90 1:43.18	11	London Borough of Redbridge	1:43.18
8 Knight, Oliver P 49.67 1:44.11	11	Phoenix SC (Basildon)	1:44.11
9 Feddon, Edward 49.90 1:44.54	11	Borough of Southend SC	1:44.54
10 Amoroso, Niccolo 52.60 1:50.64	10	London Borough of Redbridge	1:50.64
11 Illing, Charlie 51.78 1:50.78	11	Killerwhales Swimming Club	1:50.78
12 Bennett, Andrew 51.61 1:51.63	11	Killerwhales Swimming Club	1:51.63
13 Hayne, Joseph 54.98 1:54.54	10	London Borough of Redbridge	1:54.54

Event 22 Boys 12-13 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Robinson, Aiden 38.54 1:23.28	13	Killerwhales Swimming Club	1:23.28

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 22 Boys 12-13 100 SC Meter Breaststroke)**

	Name	Age	Team	Finals Time
2	Knight, George 40.56 1:26.32	13	Runnymede S.C.	1:26.32
3	Kearns, Connor 40.90 1:27.47	12	Killerwhales Swimming Club	1:27.47
4	Kelly, Samuel 41.86 1:28.05	13	London Borough of Redbridge	1:28.05
5	Farley, Joseph 41.37 1:29.06	13	Epping Forest District SC	1:29.06
6	Merchan, Alex 43.18 1:31.00	13	Killerwhales Swimming Club	1:31.00
7	Truong, Stephen 42.24 1:31.10	13	London Borough of Redbridge	1:31.10
8	Rakas, Zakareya 40.77 1:31.94	13	London Borough of Redbridge	1:31.94
9	Alexander, Matthew 44.11 1:33.00	13	Killerwhales Swimming Club	1:33.00
10	Allsop, Samuel 44.69 1:33.61	12	Romford Town SC	1:33.61
11	Brown, Morgan 43.67 1:34.05	12	London Borough of Redbridge	1:34.05
12	Davis, Matthew 43.35 1:34.37	12	Runnymede S.C.	1:34.37
13	Pobi Da Silva, Malek 43.10 1:34.77	12	L B Newham	1:34.77
14	Brooks, Edward 45.19 1:35.62	13	Killerwhales Swimming Club	1:35.62
15	Man, Kenneth 43.97 1:35.75	12	London Borough of Redbridge	1:35.75
16	Hare, David 46.36 1:36.83	13	Borough of Waltham Forest	1:36.83
17	Ross, Ryan 46.04 1:37.73	13	Romford Town SC	1:37.73
18	McGuirk, Frank 46.67 1:38.03	12	London Borough of Redbridge	1:38.03
19	Fox, Charlie 47.18 1:38.89	12	Killerwhales Swimming Club	1:38.89
20	Lynch, Samuel 47.69 1:40.00	12	Phoenix SC (Basildon)	1:40.00
21	Farmer, Lee 48.13 1:41.01	13	Borough of Waltham Forest	1:41.01
22	Manning, William 50.61 1:47.47	12	Romford Town SC	1:47.47

Event 22 Boys 14 & Over 100 SC Meter Breaststroke

	Name	Age	Team	Finals Time
1	Smith, Ryan 33.60 1:12.78	17	London Borough of Redbridge	1:12.78
2	Chesney - Brown, Cameron 35.73 1:16.99	16	L B Newham	1:16.99
3	Stamp, Joe 36.50 1:17.52	14	London Borough of Redbridge	1:17.52
4	Skingsley, Tom 36.70 1:18.67	15	Killerwhales Swimming Club	1:18.67
5	Jobson, Ben 35.22 1:19.20	16	London Borough of Redbridge	1:19.20
6	Ward, David 37.39 1:19.33	17	Romford Town SC	1:19.33

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 22 Boys 14 & Over 100 SC Meter Breaststroke)**

Name	Age	Team	Finals Time
7 Crow, George 37.35 1:20.64	14	Killerwhales Swimming Club	1:20.64
8 Brown, Lawrence 38.12 1:22.09	14	London Borough of Redbridge	1:22.09
9 Bennett, David 38.81 1:22.12	15	Killerwhales Swimming Club	1:22.12
10 Roome, James 40.57 1:26.26	14	Killerwhales Swimming Club	1:26.26
*11 Benson, Thomas 40.68 1:26.30	14	Romford Town SC	1:26.30
*11 Head, Thomas P 40.55 1:26.30	14	Phoenix SC (Basildon)	1:26.30
13 Cassford, Freddy 40.77 1:28.66	14	Epping Forest District SC	1:28.66
14 Kearney, David 40.75 1:28.69	16	Leyton Swimming Club	1:28.69
15 Lavers, Ben 41.31 1:29.85	17	L B Newham	1:29.85
16 Toolis, Conor 43.46 1:32.47	15	Romford Town SC	1:32.47
17 NG, Bowen 44.10 1:34.48	15	London Borough of Redbridge	1:34.48
18 Williams, Aaron 47.95 1:39.96	14	Borough of Waltham Forest	1:39.96
--- Worby, Jonathan 39.09 1:23.33	15	London Borough of Redbridge	X1:23.33

Event 23 Girls 12-13 50 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Wright, Ellie	13	London Borough of Redbridge	30.32
2 Petinaud, Nya	13	London Borough of Redbridge	30.49
3 Lane, Emily	13	Maldon Sharks	30.89
4 Moore, Rachael L	12	Phoenix SC (Basildon)	31.01
5 Kennedy, Mikaela	12	Killerwhales Swimming Club	31.08
6 Zossimova, Ekaterina	13	L B Newham	31.86
7 Ward, Chloe-Annabelle	13	Epping Forest District SC	32.16
8 Neil, Emma L	13	Epping Forest District SC	32.18
9 Wingrove, Grace	12	London Borough of Redbridge	32.51
10 Golightly, Claire	12	London Borough of Redbridge	33.07
11 Jerome, Molly H	12	Phoenix SC (Basildon)	33.09
12 Martin, Rebecca L	13	Romford Town SC	33.13
13 Mitchell, Hayley	13	Runnymede S.C.	33.31
14 Whyman, Rebecca	13	Killerwhales Swimming Club	33.43
15 Purcell, Shannon	13	London Borough of Redbridge	33.49
16 Amoroso, Sophia	13	London Borough of Redbridge	33.50
17 Karunakaran, Mathuri	12	London Borough of Redbridge	33.61
18 Lindblom, Filippa	12	London Borough of Redbridge	33.68
19 Smith, Anne-Marie	13	Romford Town SC	33.91
20 Aston, Emma	13	Romford Town SC	34.14
21 Graham, Esther	12	L B Newham	34.46
22 Davis, Ellie	12	Killerwhales Swimming Club	34.74
23 Stratford, Claudia	12	Killerwhales Swimming Club	35.10
24 Cooper, Amy	12	Romford Town SC	35.29
25 Gillespie, Hannah F	12	Epping Forest District SC	35.55
26 Rouse, Ellie	12	Killerwhales Swimming Club	35.91
27 Levy, Deana	12	Epping Forest District SC	36.50
28 Dietz, Emily	12	Romford Town SC	36.96

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 23 Girls 12-13 50 SC Meter Freestyle)**

Name	Age	Team	Finals Time
29 Owen, Cydney	12	Borough of Southend SC	37.12

Event 23 Girls 14 & Over 50 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Packman, Hannah	16	Canvey Island Swimming Club	29.39
2 Lambert, Jessica	14	London Borough of Redbridge	29.59
3 Tam, Kaying	14	Canvey Island Swimming Club	30.24
4 Fahey, Aimee A	14	Epping Forest District SC	30.28
5 Andrews, Emma	15	L B Newham	30.57
6 Zerrougui, Karima	14	Eltham Stingrays	31.30
7 Kennedy, Liane	15	Killerwhales Swimming Club	31.47
8 Gillespie, Ellen J	14	Epping Forest District SC	31.66
9 Islam, Shara	14	Romford Town SC	31.86
10 Smith, Demi	14	London Borough of Redbridge	31.93
11 Mizon, Gemma	16	Maldon Sharks	32.13
12 Sutton, Vanessa	15	Romford Town SC	32.15
13 Dickson, Georgina R	18	Romford Town SC	32.17
14 Cooper, Emma	15	Romford Town SC	32.77
15 Pullen, Zoe	14	Killerwhales Swimming Club	32.79
16 Pullen, Nicole	15	Killerwhales Swimming Club	32.86
17 Porter, Georgia	14	Killerwhales Swimming Club	34.26
18 Hagger, Rebecca	14	Killerwhales Swimming Club	34.66
19 Whyman, Emily	16	Killerwhales Swimming Club	36.97
--- Rourke, Josephine	15	Phoenix SC (Basildon)	X32.97

Event 24 Boys 12-13 50 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Kelly, Samuel	13	London Borough of Redbridge	28.67
2 Kearns, Connor	12	Killerwhales Swimming Club	30.41
3 Lee, Daniel	13	Canvey Island Swimming Club	30.49
4 Sheridan, Luke	12	Romford Town SC	30.74
5 Harding, Todd	13	Canvey Island Swimming Club	31.27
6 Krukouskij, Edvin	13	L B Newham	31.35
7 Merchan, Alex	13	Killerwhales Swimming Club	31.38
8 Brooks, Edward	13	Killerwhales Swimming Club	32.02
9 Allsop, Samuel	12	Romford Town SC	32.11
10 Hare, David	13	Borough of Waltham Forest	32.14
11 Alexander, Matthew	13	Killerwhales Swimming Club	32.35
12 Bond, Ryan	13	Epping Forest District SC	32.52
13 Pobi Da Silva, Malek	12	L B Newham	32.98
14 Fox, Charlie	12	Killerwhales Swimming Club	33.05
15 Serwacki, Wojciech	12	Epping Forest District SC	33.70
16 Barclay, Fraser	13	Epping Forest District SC	33.94
17 Grey, Nathan	12	Killerwhales Swimming Club	33.96
18 Manning, William	12	Romford Town SC	35.58
19 Aboushousha, Mezen	12	London Borough of Redbridge	36.39

Event 24 Boys 14 & Over 50 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Skingsley, Tom	15	Killerwhales Swimming Club	26.68
2 Crow, George	14	Killerwhales Swimming Club	27.07
3 Cassford, Freddy	14	Epping Forest District SC	27.14
4 Roome, James	14	Killerwhales Swimming Club	27.36
*5 Brown, Lawrence	14	London Borough of Redbridge	27.38
*5 Jobson, Ben	16	London Borough of Redbridge	27.38
7 Thomas, Hayden	14	Epping Forest District SC	27.49

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 24 Boys 14 & Over 50 SC Meter Freestyle)**

Name	Age	Team	Finals Time
*8 Bennett, David	15	Killerwhales Swimming Club	27.51
*8 Foster, Joeseeph	14	L B Newham	27.51
10 Gillard, Adam	15	London Borough of Redbridge	27.64
11 Gordon, Joe	19	L B Newham	27.96
12 Chesney - Brown, Cameron	16	L B Newham	28.14
13 Ward, David	17	Romford Town SC	28.40
14 Lavers, Ben	17	L B Newham	28.84
15 Worby, Jonathan	15	London Borough of Redbridge	28.99
16 Toolis, Conor	15	Romford Town SC	29.23
17 Benson, Thomas	14	Romford Town SC	29.39
18 Moate, Craig	24	London Borough of Redbridge	29.90
19 Williams, Kory	18	Borough of Waltham Forest	30.32
20 Gordon, Charlie	15	L B Newham	30.79
21 Kearney, David	16	Leyton Swimming Club	31.33
22 Bhatti, Saad	17	London Borough of Redbridge	32.06
23 Harnetty, George	14	Borough of Southend SC	33.55
24 NG, Bowen	15	London Borough of Redbridge	34.67
25 Williams, Aaron	14	Borough of Waltham Forest	36.41

Event 25 Girls 9 & Under 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Peddle, Amelia	9	Epping Forest District SC	2:52.49
38.31 1:22.65 2:09.47 2:52.49			
2 Hull, Jodie	9	Borough of Waltham Forest	3:09.30
41.75 1:29.93 2:19.65 3:09.30			
3 Cribb, Rebecca A	9	Romford Town SC	3:15.67
45.64 1:36.82 2:27.73 3:15.67			
4 Mascall, Sophie	9	London Borough of Redbridge	3:20.06
43.33 1:33.33 2:26.56 3:20.06			
5 Harnetty, Ella	9	Borough of Southend SC	3:25.93
45.76 1:39.70 2:34.55 3:25.93			
6 Marshall, Harriet	9	Borough of Southend SC	3:48.28
50.91 1:51.79 2:51.34 3:48.28			
--- Roberts, Nikita	9	London Borough of Redbridge	X2:52.63
38.97 1:23.76 2:09.20 2:52.63			
--- Davis, Lucie	9	Killerwhales Swimming Club	DQ
4.4 Start before starting signal			
41.08 1:26.35 2:11.72 DQ			

Event 25 Girls 10-11 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Murphy, Lisa	11	Killerwhales Swimming Club	2:30.86
35.82 1:14.87 1:54.92 2:30.86			
2 Montana, Eloise	10	London Borough of Redbridge	2:34.51
36.21 1:16.05 1:56.39 2:34.51			
3 Greenbaum, Lauren	11	Borough of Southend SC	2:34.90
36.00 1:15.79 1:56.07 2:34.90			
4 Priddle, Sophie	11	London Borough of Redbridge	2:36.88
35.33 1:15.55 1:57.34 2:36.88			
5 Tippett, Kiera	11	Runnymede S.C.	2:38.71
36.04 1:17.81 1:59.69 2:38.71			
6 Walker, Jemima J	11	Phoenix SC (Basildon)	2:39.10
36.16 1:17.17 1:59.13 2:39.10			
7 Harwood, Lucy	10	London Borough of Redbridge	2:39.47
36.36 1:18.09 2:00.59 2:39.47			
8 Harris, Ellie	11	Romford Town SC	2:41.15
38.75 1:20.60 2:01.79 2:41.15			

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 25 Girls 10-11 200 SC Meter Freestyle)**

Name	Age	Team	Finals Time
9 Campbell, Marie	11	London Borough of Redbridge	2:41.43
37.50 1:19.14 2:02.03	2:41.43		
10 Corney, Erin	10	Romford Town SC	2:42.91
38.53 1:20.93 2:04.53	2:42.91		
11 Hill, Abbie	11	Killerwhales Swimming Club	2:43.13
38.11 1:20.89 2:05.00	2:43.13		
12 Foley, Sarah	11	Romford Town SC	2:43.95
37.71 1:19.90 2:03.12	2:43.95		
13 Levine, Isabel	11	London Borough of Redbridge	2:47.12
37.70 1:20.62 2:05.78	2:47.12		
14 Drysdale, Alex	11	Phoenix SC (Basildon)	2:48.35
36.60 1:19.65 2:05.11	2:48.35		
15 Palmer, Megan E	11	Phoenix SC (Basildon)	2:55.09
39.63 1:25.36 2:12.04	2:55.09		
16 Thompson, Chloe	10	Romford Town SC	2:55.80
38.25 1:22.73 2:09.87	2:55.80		
17 Dearman-Tur, Hannah J	11	Romford Town SC	2:56.91
41.03 1:26.58 2:12.55	2:56.91		
18 Gras, Aimee	10	Borough of Southend SC	3:02.71
40.06 1:27.27 2:16.31	3:02.71		
19 Sandberg, Emma	11	Killerwhales Swimming Club	3:03.02
41.77 1:29.46 2:17.30	3:03.02		
20 Robinson, Georgia	10	Killerwhales Swimming Club	3:03.96
42.50 1:29.78 2:17.69	3:03.96		
21 Witton, Megan M	10	Romford Town SC	3:05.19
42.02 1:28.98 2:17.40	3:05.19		
22 Davis, Ella	10	Killerwhales Swimming Club	3:21.19
42.89 1:33.93 2:28.21	3:21.19		

Event 25 Girls 12-13 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Ward, Chloe-Annabelle	13	Epping Forest District SC	2:22.59
32.97 1:09.49 1:46.73	2:22.59		
2 Wingrove, Grace	12	London Borough of Redbridge	2:23.01
33.14 1:09.73 1:47.05	2:23.01		
3 Mellor, Caroline R	13	Phoenix SC (Basildon)	2:23.98
34.46 1:11.39 1:47.77	2:23.98		
4 Mann, Lily T	13	Phoenix SC (Basildon)	2:26.52
35.41 1:13.02 1:50.32	2:26.52		
5 Elmy, Sian	13	Runnymede S.C.	2:26.87
33.79 1:10.68 1:49.07	2:26.87		
6 Wright, Ellie	13	London Borough of Redbridge	2:27.46
33.53 1:11.04 1:49.37	2:27.46		
7 Golightly, Claire	12	London Borough of Redbridge	2:28.44
34.89 1:12.90 1:51.27	2:28.44		
8 Amoroso, Sophia	13	London Borough of Redbridge	2:28.49
34.39 1:12.21 1:51.24	2:28.49		
9 Kennedy, Mikaela	12	Killerwhales Swimming Club	2:28.62
34.25 1:13.22 1:52.50	2:28.62		
10 Mitchell, Hayley	13	Runnymede S.C.	2:29.76
34.78 1:12.62 1:51.61	2:29.76		
11 West, Maisie K	13	Phoenix SC (Basildon)	2:29.83
34.20 1:12.97 1:52.46	2:29.83		
12 Petinaud, Nya	13	London Borough of Redbridge	2:31.64
32.12 1:10.26 1:51.44	2:31.64		
13 Whyman, Rebecca	13	Killerwhales Swimming Club	2:32.55
35.15 1:13.94 1:53.73	2:32.55		

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 25 Girls 12-13 200 SC Meter Freestyle)**

Name	Age	Team	Finals Time
14 Pugh, Alice	13	Maldon Sharks	2:33.85
35.35 1:15.13 1:55.78	2:33.85		
15 Foster-Carter, Alexa	13	Borough of Southend SC	2:34.43
34.92 1:14.59 1:55.51	2:34.43		
16 Zossimova, Ekaterina	13	L B Newham	2:35.42
35.10 1:13.78 1:55.00	2:35.42		
17 Kear, Chelsea	12	Clacton Swimming Club	2:35.92
36.14 1:15.86 1:56.97	2:35.92		
18 Karunakaran, Mathuri	12	London Borough of Redbridge	2:38.80
36.78 1:17.97 1:59.09	2:38.80		
19 Stainer, Amy	13	Maldon Sharks	2:39.17
36.19 1:16.92 1:59.62	2:39.17		
20 Martin, Rebecca L	13	Romford Town SC	2:39.20
37.14 1:18.10 1:59.80	2:39.20		
21 Greenbaum, Leah	12	Borough of Southend SC	2:40.11
35.99 1:16.30 1:58.50	2:40.11		
22 Purcell, Shannon	13	London Borough of Redbridge	2:40.66
35.93 1:16.87 1:59.82	2:40.66		
23 Gillespie, Hannah F	12	Epping Forest District SC	2:42.18
37.25 1:18.38 2:00.87	2:42.18		
24 Stratford, Claudia	12	Killerwhales Swimming Club	2:42.46
37.01 1:18.61 2:01.81	2:42.46		
25 Davis, Ellie	12	Killerwhales Swimming Club	2:43.34
36.42 1:18.37 2:02.10	2:43.34		
26 Graham, Esther	12	L B Newham	2:43.86
36.65 1:17.49 2:01.76	2:43.86		
27 Cooper, Amy	12	Romford Town SC	2:46.29
37.62 1:21.32 2:05.13	2:46.29		
28 Rouse, Ellie	12	Killerwhales Swimming Club	2:54.65
38.98 1:24.05 2:10.24	2:54.65		
--- Harris, Georgia	12	Orpington Ojays	X2:31.88
35.39 1:14.65 1:54.29	2:31.88		
--- Lindblom, Filippa	12	London Borough of Redbridge	X2:46.26
37.31 1:20.82 2:06.18	2:46.26		

Event 25 Girls 14 & Over 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Kennedy, Liane	15	Killerwhales Swimming Club	2:22.28
32.77 1:09.19 1:46.24	2:22.28		
2 Packman, Hannah	16	Canvey Island Swimming Club	2:22.50
33.85 1:09.96 1:45.51	2:22.50		
3 Braybrooke, Julia	23	Killerwhales Swimming Club	2:23.05
32.53 1:09.58 1:47.17	2:23.05		
4 Smith, Demi	14	London Borough of Redbridge	2:28.38
32.80 1:10.67 1:49.68	2:28.38		
5 Edge, Alexandra	14	Borough of Southend SC	2:29.35
34.92 1:12.71 1:51.52	2:29.35		
6 Tam, Kaying	14	Canvey Island Swimming Club	2:30.11
33.28 1:11.88 1:51.95	2:30.11		
7 Pullen, Zoe	14	Killerwhales Swimming Club	2:30.23
34.57 1:13.10 1:52.60	2:30.23		
8 Lucas, Sadie	14	London Borough of Redbridge	2:31.77
34.76 1:14.19 1:53.52	2:31.77		
9 Mizon, Gemma	16	Maldon Sharks	2:32.02
35.06 1:13.35 1:53.59	2:32.02		
10 Pullen, Nicole	15	Killerwhales Swimming Club	2:32.09
35.16 1:13.37 1:53.33	2:32.09		

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 25 Girls 14 & Over 200 SC Meter Freestyle)**

	Name	Age	Team	Finals Time
11	Sutton, Vanessa	15	Romford Town SC	2:34.63
	35.73 1:14.88 1:55.31		2:34.63	
12	Andrews, Emma	15	L B Newham	2:35.14
	35.65 1:14.10 1:55.08		2:35.14	
13	Hagger, Rebecca	14	Killerwhales Swimming Club	2:46.32
	38.56 1:21.38 2:04.80		2:46.32	

Event 26 Boys 9 & Under 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Weston, Daniel	9	Killerwhales Swimming Club	2:51.33
	39.14 1:23.47 2:09.13		2:51.33	
2	Jolly, Harvey	9	Phoenix SC (Basildon)	3:09.11
	39.68 1:28.38 2:20.86		3:09.11	
3	Joseph, Emanuel	9	Borough of Waltham Forest	3:22.18
	47.63 1:39.46 2:31.57		3:22.18	
4	Kelly, Thomas	9	London Borough of Redbridge	3:23.65
	46.38 1:38.65 2:32.39		3:23.65	

Event 26 Boys 10-11 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Yorwarth, Jamie	11	Canvey Island Swimming Club	2:30.72
	33.82 1:11.59 1:51.88		2:30.72	
2	Cox, Jonathan	11	Killerwhales Swimming Club	2:39.93
	37.36 1:19.46 2:01.43		2:39.93	
3	Okeshola, Tobi	11	Killerwhales Swimming Club	2:40.06
	36.87 1:18.78 2:00.93		2:40.06	
4	Knight, Oliver P	11	Phoenix SC (Basildon)	2:40.59
	36.33 1:17.88 1:59.76		2:40.59	
5	Keep, Mitchell	11	Killerwhales Swimming Club	2:41.34
	36.85 1:18.59 2:00.69		2:41.34	
6	Walmsley, Ross	11	Killerwhales Swimming Club	2:43.32
	36.47 1:17.68 2:01.29		2:43.32	
7	Davis, Ben	11	Romford Town SC	2:43.89
	36.36 1:18.51 2:02.62		2:43.89	
8	Beardsell, Tommy J	11	Romford Town SC	2:45.86
	38.38 1:22.91 2:06.49		2:45.86	
9	Coles, Oliver	11	Romford Town SC	2:46.01
	37.92 1:20.94 2:05.12		2:46.01	
10	Holdbrook, Kieran	10	London Borough of Redbridge	2:48.18
	37.94 1:21.49 2:05.51		2:48.18	
11	Lambert, Daniel	11	London Borough of Redbridge	2:50.08
	37.91 1:22.34 2:08.25		2:50.08	
12	Robinson, Tommy L	11	Phoenix SC (Basildon)	2:50.65
	40.54 1:25.31 2:10.30		2:50.65	
13	Amoroso, Niccolo	10	London Borough of Redbridge	2:55.73
	41.43 1:28.00 2:13.33		2:55.73	
14	Benson, Robert	10	Romford Town SC	2:56.33
	40.56 1:26.08 2:12.86		2:56.33	
15	Bennett, Andrew	11	Killerwhales Swimming Club	2:59.15
	38.70 1:25.93 2:13.60		2:59.15	
16	Illing, Charlie	11	Killerwhales Swimming Club	2:59.29
	40.99 1:27.77 2:15.00		2:59.29	
17	O'Doherty, Dermot	10	Phoenix SC (Basildon)	2:59.84
	41.61 1:29.19 2:17.25		2:59.84	
18	Bath, Oliver	10	Romford Town SC	3:01.69
	41.60 1:28.91 2:17.31		3:01.69	
19	Harris, Luke J	10	Romford Town SC	3:02.63
	43.76 1:31.50 2:18.24		3:02.63	

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 26 Boys 10-11 200 SC Meter Freestyle)**

Name	Age	Team	Finals Time
--- Johnson, Hugo	11	Borough of Southend SC	X2:20.33
32.87	1:09.07	1:45.70	2:20.33

Event 26 Boys 12-13 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Greenbaum, Mark	13	Borough of Southend SC	2:13.21
30.54	1:04.99	1:39.02	2:13.21
2 Robinson, Aiden	13	Killerwhales Swimming Club	2:14.67
29.10	1:02.71	1:39.06	2:14.67
3 Lee, Daniel	13	Canvey Island Swimming Club	2:14.80
30.50	1:05.30	1:41.38	2:14.80
4 Kelly, Samuel	13	London Borough of Redbridge	2:16.87
31.36	1:06.84	1:42.73	2:16.87
5 Brown, Harvey T	13	Phoenix SC (Basildon)	2:17.52
31.59	1:06.74	1:43.95	2:17.52
6 McGuirk, Frank	12	London Borough of Redbridge	2:21.17
32.38	1:08.40	1:45.57	2:21.17
7 Kearns, Connor	12	Killerwhales Swimming Club	2:21.47
31.80	1:08.08	1:46.00	2:21.47
8 Hare, David	13	Borough of Waltham Forest	2:21.95
33.24	1:09.27	1:45.98	2:21.95
9 Man, Kenneth	12	London Borough of Redbridge	2:22.97
33.20	1:10.12	1:47.24	2:22.97
10 Allsop, Samuel	12	Romford Town SC	2:24.83
33.46	1:10.97	1:48.39	2:24.83
11 Woolf, Samuel	12	Borough of Southend SC	2:25.10
33.80	1:10.90	1:48.58	2:25.10
12 Merchan, Alex	13	Killerwhales Swimming Club	2:25.69
33.24	1:11.67	1:49.96	2:25.69
13 Fox, Charlie	12	Killerwhales Swimming Club	2:25.72
33.49	1:10.45	1:48.44	2:25.72
14 Brown, Morgan	12	London Borough of Redbridge	2:26.24
33.21	1:11.09	1:49.76	2:26.24
15 Truong, Stephen	13	London Borough of Redbridge	2:28.25
32.94	1:10.62	1:50.15	2:28.25
16 Brooks, Edward	13	Killerwhales Swimming Club	2:29.51
33.91	1:12.81	1:51.92	2:29.51
17 Hall, Kyle	13	London Borough of Redbridge	2:29.59
32.08	1:09.72	1:47.41	2:29.59
18 Alexander, Matthew	13	Killerwhales Swimming Club	2:29.76
34.43	1:12.68	1:51.99	2:29.76
19 Farley, Joseph	13	Epping Forest District SC	2:34.09
34.83	1:13.63	1:54.30	2:34.09
20 Bond, Ryan	13	Epping Forest District SC	2:38.24
34.29	1:14.73	1:57.31	2:38.24
21 Farmer, Lee	13	Borough of Waltham Forest	2:38.61
35.67	1:17.11	2:00.03	2:38.61
22 Grey, Nathan	12	Killerwhales Swimming Club	2:43.01
36.09	1:18.57	2:02.87	2:43.01
23 Lynch, Samuel	12	Phoenix SC (Basildon)	2:43.11
37.77	1:19.78	2:02.65	2:43.11
24 Toolis, Jonathan	12	Romford Town SC	2:43.35
38.31	1:21.91	2:03.16	2:43.35
25 Pobi Da Silva, Malek	12	L B Newham	2:45.66
35.89	1:18.07	2:02.71	2:45.66

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****Event 26 Boys 14 & Over 200 SC Meter Freestyle**

	Name	Age	Team	Finals Time
1	Smith, Ryan	17	London Borough of Redbridge	2:06.16
	28.04 59.93 1:33.45		2:06.16	
2	Crow, George	14	Killerwhales Swimming Club	2:07.20
	29.11 1:01.09 1:34.30		2:07.20	
3	Worby, Jonathan	15	London Borough of Redbridge	2:07.41
	30.08 1:02.74 1:35.43		2:07.41	
4	Roome, James	14	Killerwhales Swimming Club	2:07.67
	29.04 1:01.67 1:35.85		2:07.67	
5	Thomas, Hayden	14	Epping Forest District SC	2:07.98
	28.78 1:02.35 1:36.21		2:07.98	
6	Cassford, Freddy	14	Epping Forest District SC	2:09.38
	29.72 1:02.95 1:36.85		2:09.38	
7	Gillard, Adam	15	London Borough of Redbridge	2:09.74
	29.94 1:03.08 1:36.32		2:09.74	
8	Bennett, David	15	Killerwhales Swimming Club	2:10.97
	29.35 1:02.21 1:36.73		2:10.97	
9	Defreitas - Archer, Lewis	17	London Borough of Redbridge	2:11.23
	29.86 1:03.10 1:37.81		2:11.23	
10	Foster, Joeseeph	14	L B Newham	2:14.10
	31.23 1:06.09 1:41.71		2:14.10	
11	Beadle, Tom	14	London Borough of Redbridge	2:14.51
	30.49 1:04.47 1:39.87		2:14.51	
12	Gordon, Joe	19	L B Newham	2:14.67
	29.89 1:04.94 1:41.19		2:14.67	
13	Jobson, Ben	16	London Borough of Redbridge	2:16.92
	29.95 1:04.79 1:41.15		2:16.92	
14	Benson, Thomas	14	Romford Town SC	2:16.96
	30.79 1:05.78 1:42.45		2:16.96	
15	Lavers, Ben	17	L B Newham	2:18.38
	31.00 1:05.88 1:42.65		2:18.38	
16	Head, Thomas P	14	Phoenix SC (Basildon)	2:20.87
	32.22 1:07.81 1:44.52		2:20.87	
17	Toolis, Conor	15	Romford Town SC	2:22.61
	32.13 1:08.46 1:46.75		2:22.61	
18	Gordon, Charlie	15	L B Newham	2:24.14
	33.55 1:11.03 1:48.89		2:24.14	
19	Harnetty, George	14	Borough of Southend SC	2:36.07
	34.83 1:14.63 1:55.91		2:36.07	
20	Kearney, David	16	Leyton Swimming Club	2:44.80
	35.90 1:17.22 2:01.63		2:44.80	

Event 27 Girls 9 Year Olds 50 SC Meter Butterfly

	Name	Age	Team	Finals Time
1	Roberts, Nikita	9	London Borough of Redbridge	42.09
2	Persell, Jessica	9	London Borough of Redbridge	46.40
3	Cribb, Rebecca A	9	Romford Town SC	47.90
4	Hull, Jodie	9	Borough of Waltham Forest	49.22
5	Davis, Lucie	9	Killerwhales Swimming Club	50.78
6	Harnetty, Ella	9	Borough of Southend SC	55.30
7	Cochrane, Cayley	9	London Borough of Redbridge	56.17
8	Gillard, Ruth	9	London Borough of Redbridge	57.00
9	Wright, Zoe	9	London Borough of Redbridge	57.84

Event 27 Girls 10-11 50 SC Meter Butterfly

	Name	Age	Team	Finals Time
1	Hill, Abbie	11	Killerwhales Swimming Club	36.77
2	Harwood, Lucy	10	London Borough of Redbridge	37.24

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 27 Girls 10-11 50 SC Meter Butterfly)**

Name	Age	Team	Finals Time
3 Marshall, Abigayle	11	Borough of Southend SC	39.67
4 Murphy, Lisa	11	Killerwhales Swimming Club	41.35
5 Tippett, Kiera	11	Runnymede S.C.	41.88
6 Thompson, Chloe	10	Romford Town SC	42.19
7 Marshall, Abi C	11	Phoenix SC (Basildon)	42.26
8 Foley, Sarah	11	Romford Town SC	42.82
9 Webber, Maddie	11	Romford Town SC	43.98
10 Witton, Megan M	10	Romford Town SC	45.69
11 Walker, Jemima J	11	Phoenix SC (Basildon)	46.28
12 Palmer, Megan E	11	Phoenix SC (Basildon)	48.46
--- Corney, Erin	10	Romford Town SC	DQ

8.2 Arms not brought forward over the water

Event 28 Boys 9 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Jolly, Harvey	9	Phoenix SC (Basildon)	46.16
2 Joseph, Emanuel	9	Borough of Waltham Forest	54.67

Event 28 Boys 10-11 50 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Goodwin, Kieran	11	Killerwhales Swimming Club	34.23
2 Cox, Jonathan	11	Killerwhales Swimming Club	36.68
3 Okeshola, Tobi	11	Killerwhales Swimming Club	38.34
4 Shim, Jordan	11	London Borough of Redbridge	41.83
5 Weston, Thomas	11	Killerwhales Swimming Club	42.00
6 Frost, Mitchell	11	Phoenix SC (Basildon)	43.29
7 Beardsell, Tommy J	11	Romford Town SC	43.35
8 Illing, Charlie	11	Killerwhales Swimming Club	44.28
9 Hutson, Ryan	11	London Borough of Redbridge	47.16
10 Holdbrook, Kieran	10	London Borough of Redbridge	48.34
11 Harris, Luke J	10	Romford Town SC	49.66
12 Stuart, Max	11	Romford Town SC	58.26

Event 29 Girls 10-11 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Hill, Abbie 39.85 1:22.01	11	Killerwhales Swimming Club	1:22.01
2 Harwood, Lucy 40.69 1:23.18	10	London Borough of Redbridge	1:23.18
3 Campbell, Marie 41.48 1:23.31	11	London Borough of Redbridge	1:23.31
4 Priddle, Sophie 41.77 1:24.59	11	London Borough of Redbridge	1:24.59
5 Marshall, Abigayle 41.70 1:24.74	11	Borough of Southend SC	1:24.74
6 Drysdale, Alex 40.17 1:25.76	11	Phoenix SC (Basildon)	1:25.76
7 Murphy, Lisa 42.68 1:26.50	11	Killerwhales Swimming Club	1:26.50
8 Montana, Eloise 43.14 1:27.91	10	London Borough of Redbridge	1:27.91
9 Palmer, Megan E 43.66 1:27.96	11	Phoenix SC (Basildon)	1:27.96
10 Marshall, Abi C 43.82 1:30.97	11	Phoenix SC (Basildon)	1:30.97
11 Walker, Jemima J 44.82 1:31.85	11	Phoenix SC (Basildon)	1:31.85

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 29 Girls 10-11 100 SC Meter Backstroke)**

Name	Age	Team	Finals Time
12 Purcell, Ciara 45.20 1:32.15	11	London Borough of Redbridge	1:32.15
13 Karunakaran, Sankavee 47.27 1:36.73	10	London Borough of Redbridge	1:36.73
14 Sandberg, Emma 47.21 1:37.23	11	Killerwhales Swimming Club	1:37.23
15 Bates, Maisie 49.19 1:41.79	10	Killerwhales Swimming Club	1:41.79
--- Mace, Ella 6.4 Not on back when leaving the wall 54.51 DQ	11	London Borough of Redbridge	XDQ

Event 29 Girls 12-13 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Rooke, Danielle 34.77 1:11.63	13	Killerwhales Swimming Club	1:11.63
2 Whiffin, Katie 35.34 1:14.37	13	Epping Forest District SC	1:14.37
3 Elmy, Sian 36.57 1:14.50	13	Runnymede S.C.	1:14.50
4 Wingrove, Grace 36.87 1:15.73	12	London Borough of Redbridge	1:15.73
5 Moore, Rachael L 37.61 1:16.65	12	Phoenix SC (Basildon)	1:16.65
6 Amoroso, Sophia 37.02 1:16.76	13	London Borough of Redbridge	1:16.76
7 Mellor, Caroline R 38.00 1:17.36	13	Phoenix SC (Basildon)	1:17.36
8 Wright, Ellie 37.84 1:17.97	13	London Borough of Redbridge	1:17.97
9 Neil, Emma L 37.99 1:18.89	13	Epping Forest District SC	1:18.89
10 Mitchell, Hayley 38.68 1:19.17	13	Runnymede S.C.	1:19.17
11 Mann, Lily T 39.66 1:19.61	13	Phoenix SC (Basildon)	1:19.61
12 Ward, Chloe-Annabelle 38.95 1:19.66	13	Epping Forest District SC	1:19.66
13 Kennedy, Mikaela 39.41 1:19.74	12	Killerwhales Swimming Club	1:19.74
14 Petinaud, Nya 38.71 1:20.43	13	London Borough of Redbridge	1:20.43
15 Zossimova, Ekaterina 39.68 1:20.93	13	L B Newham	1:20.93
16 Golightly, Claire 39.65 1:20.97	12	London Borough of Redbridge	1:20.97
17 Jerome, Molly H 38.95 1:22.37	12	Phoenix SC (Basildon)	1:22.37
18 Aston, Emma 40.00 1:22.57	13	Romford Town SC	1:22.57
19 Gillespie, Hannah F 42.10 1:25.13	12	Epping Forest District SC	1:25.13
20 Karunakaran, Mathuri 42.27 1:25.37	12	London Borough of Redbridge	1:25.37
21 Whyman, Rebecca 41.32 1:25.85	13	Killerwhales Swimming Club	1:25.85
22 Lindblom, Filippa 41.91 1:26.08	12	London Borough of Redbridge	1:26.08

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 29 Girls 12-13 100 SC Meter Backstroke)**

Name	Age	Team	Finals Time
23 Stratford, Claudia 42.49 1:27.03	12	Killerwhales Swimming Club	1:27.03
24 Foster-Carter, Alexa 42.83 1:28.79	13	Borough of Southend SC	1:28.79
25 Graham, Esther 43.89 1:31.10	12	L B Newham	1:31.10
26 Levy, Deana 45.16 1:32.50	12	Epping Forest District SC	1:32.50
27 Rouse, Ellie 45.18 1:32.71	12	Killerwhales Swimming Club	1:32.71

Event 29 Girls 14 & Over 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Fahey, Aimee A 36.36 1:14.44	14	Epping Forest District SC	1:14.44
2 Wass, Gemma 36.32 1:14.76	15	Colchester SC	1:14.76
3 Andrews, Emma 36.45 1:16.08	15	L B Newham	1:16.08
4 Braybrooke, Julia 36.68 1:16.82	23	Killerwhales Swimming Club	1:16.82
5 Tam, Kaying 37.15 1:17.08	14	Canvey Island Swimming Club	1:17.08
6 Smith, Demi 37.64 1:17.94	14	London Borough of Redbridge	1:17.94
7 Kennedy, Liane 37.91 1:18.56	15	Killerwhales Swimming Club	1:18.56
8 Gillespie, Ellen J 38.17 1:19.14	14	Epping Forest District SC	1:19.14
9 Dickson, Georgina R 38.39 1:20.52	18	Romford Town SC	1:20.52
10 Cooper, Emma 39.54 1:22.10	15	Romford Town SC	1:22.10
11 Pullen, Nicole 40.16 1:22.40	15	Killerwhales Swimming Club	1:22.40
12 Sutton, Vanessa 41.91 1:25.23	15	Romford Town SC	1:25.23
13 Williams, Chloe 41.17 1:26.53	21	Canvey Island Swimming Club	1:26.53
14 Hagger, Rebecca 41.62 1:26.69	14	Killerwhales Swimming Club	1:26.69
15 Pullen, Zoe 42.44 1:27.72	14	Killerwhales Swimming Club	1:27.72

Event 30 Boys 10-11 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Rourke, Patrick J 37.35 1:15.98	11	Phoenix SC (Basildon)	1:15.98
2 Goodwin, Kieran 38.16 1:18.05	11	Killerwhales Swimming Club	1:18.05
3 Cox, Jonathan 1:24.94 1:24.61	11	Killerwhales Swimming Club	1:24.61
4 Okeshola, Tobi 42.28 1:25.11	11	Killerwhales Swimming Club	1:25.11
5 Frost, Mitchell 1:36.44 1:25.72	11	Phoenix SC (Basildon)	1:25.72
6 Robinson, Tommy L 42.76 1:25.73	11	Phoenix SC (Basildon)	1:25.73

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 30 Boys 10-11 100 SC Meter Backstroke)**

Name	Age	Team	Finals Time
7 Walmsley, Ross 43.02 1:28.06	11	Killerwhales Swimming Club	1:28.06
8 Lambert, Daniel 1:28.37 1:28.22	11	London Borough of Redbridge	1:28.22
9 Knight, Oliver P 42.92 1:28.95	11	Phoenix SC (Basildon)	1:28.95
10 Illing, Charlie 43.74 1:31.95	11	Killerwhales Swimming Club	1:31.95
11 O'Doherty, Dermot 1:32.70 1:32.41	10	Phoenix SC (Basildon)	1:32.41
12 Deasy, Conor 45.96 1:35.43	11	Killerwhales Swimming Club	1:35.43
13 Bennett, Andrew 46.10 1:36.30	11	Killerwhales Swimming Club	1:36.30
14 Hayne, Joseph 48.36 1:39.50	10	London Borough of Redbridge	1:39.50
--- Ackerman, Jonathan 6.5 Not on the back at finish 45.91 DQ	10	Killerwhales Swimming Club	DQ
--- Keep, Mitchell 6.2 Left position on the back (other than to initiate a turn) 41.75 DQ	11	Killerwhales Swimming Club	DQ

Event 30 Boys 12-13 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Kelly, Samuel 35.21 1:11.68	13	London Borough of Redbridge	1:11.68
2 Kearns, Connor 35.96 1:14.08	12	Killerwhales Swimming Club	1:14.08
3 Fox, Charlie 35.99 1:14.11	12	Killerwhales Swimming Club	1:14.11
4 Robinson, Aiden 35.85 1:14.56	13	Killerwhales Swimming Club	1:14.56
5 Alexander, Matthew 36.40 1:15.04	13	Killerwhales Swimming Club	1:15.04
6 Merchan, Alex 36.64 1:15.43	13	Killerwhales Swimming Club	1:15.43
7 McGuirk, Frank 38.47 1:18.37	12	London Borough of Redbridge	1:18.37
8 Farmer, Lee 38.45 1:18.48	13	Borough of Waltham Forest	1:18.48
9 Man, Kenneth 37.56 1:18.71	12	London Borough of Redbridge	1:18.71
10 Woolf, Samuel 39.01 1:19.33	12	Borough of Southend SC	1:19.33
11 Truong, Stephen 37.93 1:20.02	13	London Borough of Redbridge	1:20.02
12 Brown, Morgan 39.94 1:21.65	12	London Borough of Redbridge	1:21.65
13 Pobi Da Silva, Malek 42.17 1:25.54	12	L B Newham	1:25.54
14 Toolis, Jonathan 42.62 1:27.30	12	Romford Town SC	1:27.30
15 Brooks, Edward 43.71 1:27.61	13	Killerwhales Swimming Club	1:27.61
16 Grey, Nathan 1:31.61 1:31.44	12	Killerwhales Swimming Club	1:31.44

LBRSC Regional Sprint Meet 2010 - 24/04/2010 to 25/04/2010**Results****(Event 30 Boys 12-13 100 SC Meter Backstroke)**

Name	Age	Team	Finals Time
17 Ross, Ryan	13	Romford Town SC	1:32.79
	1:28.52	1:32.79	

Event 30 Boys 14 & Over 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Brown, Lawrence	14	London Borough of Redbridge	1:05.40
	32.21	1:05.40	
2 Bennett, David	15	Killerwhales Swimming Club	1:06.27
	31.97	1:06.27	
3 Smith, Ryan	17	London Borough of Redbridge	1:07.90
	32.95	1:07.90	
4 Gordon, Joe	19	L B Newham	1:08.05
	33.21	1:08.05	
5 Goodacre, Alex	15	Romford Town SC	1:09.32
	34.12	1:09.32	
6 Gillard, Adam	15	London Borough of Redbridge	1:09.50
	34.15	1:09.50	
7 Worby, Jonathan	15	London Borough of Redbridge	1:10.76
	35.00	1:10.76	
8 Foster, Joeseeph	14	L B Newham	1:11.40
	34.65	1:11.40	
9 Beadle, Tom	14	London Borough of Redbridge	1:11.88
	35.52	1:11.88	
10 Head, Thomas P	14	Phoenix SC (Basildon)	1:12.97
	35.20	1:12.97	
11 Benson, Thomas	14	Romford Town SC	1:13.08
	35.66	1:13.08	
12 Skingsley, Tom	15	Killerwhales Swimming Club	1:13.77
	35.03	1:13.77	
13 Gordon, Charlie	15	L B Newham	1:16.24
	37.33	1:16.24	
14 Moate, Craig	24	London Borough of Redbridge	1:16.61
	37.56	1:16.61	
15 Toolis, Conor	15	Romford Town SC	1:20.05
	38.36	1:20.05	
16 NG, Bowen	15	London Borough of Redbridge	1:24.66
	40.97	1:24.66	
17 Kearney, David	16	Leyton Swimming Club	1:31.49
	42.80	1:31.49	